Samsara celebrates South Asian culture

WESLEYANA

Consultants Release External PSafe Report

By Sofi Goode Assistant News Editor

The University recently posted on its website an executive summary of a full external review of the Office of Public Safety (PSafe) that was conducted by consulting company Margolis Healy & Associates. The nine-page report listed recommendations for PSafe that included actively seeking accreditation through a law enforcement agency, planning an annual Public Safety Summit, and standardizing uniforms and logos across

One of the key recommendations was the reconstitution of the Public Safety Advisory Committee (PSAC), which currently consists of members of the Wesleyan Student Assembly

(WSA), two non-WSA students, and the Director of PSafe.

We recommend the reconstitution of the Public Safety Advisory Committee (PSAC) to build and foster positive relationships with key campus stakeholders including but not limited to: student affairs, judicial affairs, residential life/housing, legal counsel, risk management, student government, and athletics," the report

Scott Elias '14 was the co-chair of PSAC during the 2012-2013 school year. He hopes to see the new committee composed of more students from different areas of student life, as well as faculty and staff.

"By bringing in more stakeholders

PSAFE, page 3

Students Organize for Typhoon Relief

By Miranda Katz News Editor

In the aftermath of Typhoon Haiyan, students have come together to raise money for the Philippines, which has seen a death toll of at least four thousand in the last month due to the storm. The effort, spearhead by the University's Filipino club, PINOY, is called "Walang Iwanan: Typhoon Haiwan Care," creating the acronym "WITH Care." In Filipino, "Walang Iwanan" means "no one left behind."

Before PINOY devised a fundraising strategy, however, two students unaffiliated with the group began fundraising independently in the Usdan University Center. Over the course of one meal, Zachary Burns '14 and Zander Nassikas '14 raised approximately one hundred dollars.

"I couldn't believe it," Nassikas wrote in an email to The Argus. "I quickly looked up how many had died in Katrina,

and saw that it was 1,850. Still a disaster, but this typhoon was clearly a disaster on another scale[...]. Zach said he would read up on it. He then called me that night and said, 'Zander, we've got to do something about this. I want to do something. Nobody else on campus has organized any kind of relief yet.' I said, 'I'm in."

Burns and Nassikas were moved to action not only by the devastation in the Philippines, but also by the need to fight climate change.

"It is meteorologically certain that a warmer atmosphere, induced by human activity, allows more moisture to collect before it condenses to rain and snow; a warmer atmosphere also creates the conditions for amplified wind speeds," Burns wrote in an email to The Argus. "[...]We see our consumptive lifestyles translated into tragedy in Southeast Asia. The link

TYPHOON, page 4



SADICHCHHA ADHIKARI/STAFF PHOTOGRAPHER

Mikaela Reyes '17, Leo Enverga '14, and Gabriella Montinola '17 have been tabling in Usdan to raise money for Typhoon Haiyan relief.

Snapshots of Student Life



Ben Keeshin '14 and other members of Quasimodal performed an a capella concert in the Olin lobby this past Thursday. For more photos of the concert and other campus events, see page 7.

SWAG Addresses Challenges of Gluten-Free Campus Dining

By Hilary Brumberg Staff Writer

When most students walk into Usdan, they see the bountiful offerings of all the stations before deciding what appeals to their taste buds and stomachs. However, for a select group of students, entering Usdan means bouncing around from station to station, searching for the little colored circles on the menus that indicate food items that won't make them ill.

These students suffer from either celiac disease or gluten-intolerance, meaning that their bodies cannot process food that contains gluten, or otherwise choose to eat gluten-free. To increase

awareness of the gluten-free diet and its benefits, discuss the challenges of a gluten-free diet, and work to overcome those challenges, Rachel Sobelsohn '17 and Zach Carfi '17 founded Students at Wesleyan Avoiding Gluten (SWAG).

"SWAG aims to educate members of the Wesleyan community regarding the gluten-free diet and its benefits," Sobelsohn wrote on the club's OrgSync profile. "This includes the risks of cross-contamination, challenges students face, and proactive ways to stay strictly on the gluten-free diet. We want to do this in a fun, engaging way so we will be baking and sharing gluten-free products. SWAG will create a support network of students (who want to learn more about the gluten-free

diet, want to go gluten-free, or are already gluten-free) and share recipes, food, complaints and ideas."

During its meetings, which are held on Wednesdays at 8 p.m. in 41 Wyllys room 113, the club discusses gluten-free issues, eats glutenfree cookies, and makes posters to raise awareness about the glutenfree community at the University. SWAG is currently pursuing funding for gluten-free baking supplies so the group can host baking events and dinners.

One of SWAG's goals is to create an online mini-series detailing gluten-free issues pertinent to college students. Though, according to Sobelsohn, most gluten-free

SWAG, page 6

Men's Hockey Starts Season With Two NESCAC Victories

By Gili Lipman Assistant Sports Editor

The men's hockey team could not have dreamt up a better scenario for themselves going into their opening weekend. After winning two conference games against Tufts and Conn College, the Cardinals are sitting proudly atop the NESCAC standings.

"I thought we played well at times and also made first-game mistakes," said Head Coach Chris Potter. "I thought both games could have gone differently, but we were able to make some plays at the right time. We worked hard and were able to cover up mistakes. It was good to see that we were able to handle some of the adversity on the weekend."

The Redbirds got an unexpected surprise from new phenomenon Elliott Vorel '17, who began his NESCAC career by netting two goals and three assists against the Jumbos.

Vorel was able to move up to the first line after Jaren Taenaka 316 was removed from the game for checking an opponent from behind. He topped off the weekend by scoring two more times against the Camels on his way to a conference-leading seven points.

"I just wanted to go out and have fun," Vorel said. "That's really what the sport is all about. It's a good mindset to have because then you play better because of it.'

The game against Tufts was back and forth, as each team never held more than a one-goal advantage. After Tufts tied the game with seven minutes to go, Vorel's pivotal play came to fruition when he scored the game-winning goal with just four seconds remaining off a rebound

from Captain Keith Buehler '14 and Assistant Captain Tommy Hartnett

"I was really happy to help tie up the game, but we had to find a way to get the next one," Vorel said. "Who wouldn't like to score a dramatic game winner with four seconds left? Hockey's a whole lot easier when you're surrounded by better players than yourself.'

Ín addition, the two seniors each added a goal, with Buehler tallying up an additional assist.

"I was really impressed with our seniors this past weekend," Potter said. "They were a presence in the games and were leaders in the locker

Nolan Daley '16 had a solid outing against Tufts, coming up with 24 saves against 28 shots attempted in

HOCKEY, page 12

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established in 1868

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WESPEAKS

Open Letter to President Roth

By Martin Benjamin

Dear Michael.

Wes recently hosted a dog-andpony show (what else is new?), a Gun Violence Prevention Conference. You may rest assured that Yale statistics professor John Lott, who authored 'More Guns, Less Crime," had not been invited. Democrat politicians Blumenthal and Malloy, who had been invited, and who reside in zip codes where crime is rare, would make it harder for those who reside outside those zip codes to keep and bear arms in defense of themselves and significant others. "Not OUR problem," disclaim our Democrat politicians Blumenthal, Malloy, and Roth.

What need of a Gun Violence Prevention Conference? On hand is the ultimate weapon, the man of a mind to swallow swords and defecate plowshares (Isaiah 2:4 hooks up with Bosch's "Garden of Earthly Delights"), you bumper-sticker humanist you. You aren't side-armed saddled (that's a given), but violence, having run rampant since Cain slew bro' Abel, cannot be permitted to hide from a hiding; beat it to death with your humanist

You need to do SOMEthing, Michael. Of late your war on America's violent DNA has been missing in action: last Commencement Day you addressed the V-word in passing. In passing! It's Armageddon, the High Noon finale aimed at dispatching old violent Scratch forever, and where is Archangel Michael? Phoning it in.

Of course your biggest potential target, the violence of Sept. 11, is off the table, either because it's a date you've grown too dotty in your dotage to remember, or because you're a 9/11 denier or (yawn) a 9/11 non-eventer. And why might that be? Could it be because the violence of Sept. 11 was an import? There's no denying it fails to bear the label attached by American Studies' Founding Father Richard "Gunfighter Slotkin: Nation."

(Admittedly, there IS something to that tag, for lately it's been de rigueur to glorify ganglord Barry's gun-toting hometown gangs, as a couple of wonderfully up-to-date Wesleyan anthropologists has been wont to do.)

You'd like to say goodbye to the V-word? So would I: "Au revoir!"

Now shall we back up to the petrifying, unspeakable P-word? I hate to be the burnished quill, the prick appointed to burst your bubble, but brace yourself, Michael: your petrifying profiling (there, I spoke it!) dactyl isn't the terror-wreaking pterodactyl you e'er are huffing and puffing it up to be. Three days after 9/11 the Wall Street Journal published a timely letter: a Saracen blade, Yale graduate student Tarek Masoud, was less than enthralled by your reeeeeeeally lowbudget sci-fi horror, INVASION OF THE PROFILE-TAKERS. His writ:

"Already we can hear rumblings in the Arab Muslim community about the need to keep fighting against profiling. But Tuesday's events should have demonstrated the folly of (that) position. How many thousands of lives would have been saved if people like me had been inconvenienced with having our bags searched and being made to answer questions? People say profiling makes them feel like criminals. It does—I know this firsthand. But would that I had been made to feel like a criminal a thousand times than to live to see the grisly handiwork of real criminals in New York and Washington.'

That seriously impious guardsman's words are dead on arrival here in the Land of POOP (the Preachers Of Operative Pieties), where Your Worship who sits atop the heap hath spoken: "thou shalt have no other guards before me; for I am a jealous

To paraphrase a celebrated assassin, it isn't that you love your students less, but rather that your love your Agenda more. That cranky old rattletrap hogs the lo-way, but when it

kicks into gear it really rolls. A gunracked honker at his peril would try to pass driver Roth behind the wheel of his Agenda chasing a Sandy Hook ambulance.

And when the belief that "keeping me safe is Wesleyan's task" (the groupthink nurtured by your offverbalized concern for student safety) drives up the violated bodies count, 'twill likely be written off as "collateral damage," the regrettable detritus of every war, including the culture war the parent culture's biggest consumers you merely insatiable phagocytes—are merrily waging, munching away.

Your blog of April 6, a veritable cri de coeur, averred you were cut to the quick by the on-campus perils threatening Wesleyan women, and then you decreed that a sexual predator's racial I.D. would be withheld from those self-same women. (One can't be too careful: open the disclosure door a crack, and...CARAMBA! that petrifying ideogram comes barging in!) "America-Lite: How Imperial Academia Dismantled Our Culture (and Ushered In the Obamacrats)," authored by Yale professor of computer science David Gelernter, has taken your bull by the horns:

"Like many communities in recent years, Yale faithfully reports any crimes against its members. Every street crime is reported by mass email. Each account includes all the particulars, so students will know what to look out for-except that the race of the perpetrator is deliberately suppressed. And so everyone assumes, every time, that the criminals are black. The large majority of local criminals are indeed black. This game of we-all-know-butcan't-say sounds like harmless fun, but it leads to the kind of automatic self-censorship among younger people that's characteristic of police states. A black student published a piece in the school newspaper accusing HIMSELF of antiblack prejudice insofar as he was on his guard when a group of unknown black males approached on

a dark street, but not when it was a group of unknown white males. Of course, that only means that he is a rational human being. He'd be a fool to act differently."

Students unable to share their personal thoughts and deep-down feelings with their fellows for fear of being betrayed by them and sacrificed on the altar of Diversity—is such a Kultur the harvest of a police state in theory, Michael? Or is that outgrowth the State of Wes-YOUR State of Wes—in fact?

Whatever, in Al Capone-land your impassioned verbal embrace of student safety followed by your refusal to disclose a perpetrator's racial I.D. (one can't be too careful: the P-word is peeking through the keyhole) would be dubbed a setup. Here in the fever swamps of PCU, a fitter call would be: your fossilizing pterodactyl's Gotterdammerung puff of steam. (And we can use the fossil's fuel.)

Question: If the petrifying P-word does bite the dust ("Alas, poor Gorgon..."), what will become of your highly-publicized love affair with Affirmative Action? If THAT isn't profiling, nothing is. But we don't ever have to mention the P-word (that fossil's fuel will be fuming!); your list of political posturings is long enough without it.

You've postured over gun control, the Unaffordable Care Act, the ebb and flow (correction: rising tide) of climate change, and (it helps to have emerald eyes, in view of this one) that criminal enterprise, "the rich." (I guess you can safely cross THEIR names off the Fundraising Office's donors' list.)

But all your pious posturing has me worried, Michael: you're going to pull a muscle. You say it's part and parcel of your daily workout regime, an exercise in psycho-massaging? All well and good. And will it fill an empty

Benjamin is a member of the class of



WINTER SESSION

UNDERGRADUATE COURSES FOR CREDIT - January 8-21, 2014

- **Introduction to Computer Programming** James Lipton
- Sex, Drugs, and Shopping: Scenes of Consumption in Post-War American Fiction - Sally Bachner
- **U.S. Foreign Policy** Douglas Foyle
- Applied Data Analysis Lisa Dierker

WINTER ON WYLLYS

CAREER CENTER PROGRAMS AND EVENTS - January 15-22, 2014

- **Choosing Good Work**
- Program for students undecided about their career paths CareerLab • Intensive job/internship search boot camp
- Winter WESpeaker Series
- WEShadow Externship Program January 6-17, 2014

FULLBRIDGE INTERNSHIP EDGE JANUARY 8-22, 2014

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WESLEYAN

1. What did the WSA Discuss Last Week?

- At our General Assembly Meeting, the WSA met with Dean Farias to talk about inclusion, diversity, and his role as the new Chief Diversity Officer. We gave him some advice on how to reach out to the student body, and he shared his ideas about the position with us.
- Next week we will be continuing our brief discussion of the judicial points system. Upperclassmen: do you think it is a more efficient system than what we had before? Underclassmen: do you think the points system is clear and efficient? If you have any opinions, email us at wsa@wesl
- You can read our minutes and committee reports on our website: wsa. wesleyan.edu.

2. Resolution Supporting Janitorial Staff Update

In response to a joint resolution written by USLAC members and the WSA, John Meerts agreed to fight for the creation of a Code Compliance Board to address custodial complaints, examine fairness of workloads, and determine standards of treatment for Wesleyan. Major success!

3. SBC Student Group Request of the Week

The request of the week is PINOY's late night. All proceeds went to Typhoon Disaster Relief!

4. WSA Winter Election

Petitions are now available for the WSA Winter Election. There are ten available spots on the assembly. All class years are welcome to run. If interested, pick up a petition in the WSA Office on the bottom floor of Usdan and return it with 25 signatures by Friday at 5:00PM. Voting will take place the week of December 2nd.

5. Contact Us!

We'd love feedback about how we can better represent you! Please feel free to email us wsa@wesleyan.edu, like us on Facebook, follow us @wsanews, and read our Tumblr www.wesleyanstudentassembly.com.

NEWS

Wesleyan Apologizes to Native Nations

By Courtney Laermer Staff Writer

On Nov. 8, 2013, the University released an apology letter to Native Nations and other indigenous peoples following its adoption of a new repatriation policy in August 2013.

Wesleyan University formally apologizes to all Native Nations and indigenous peoples for partaking in the 19th century and 20th century scientific and academic practices of accepting Native American human remains and other cultural items into its institution and collections without the free, prior, and informed consent of Native Nations, indigenous peoples, the individual, or an individual's family," the apology reads.

The apology tasks Repatriation Coordinator and Visiting Professor of Anthropology Honor Keeler with overseeing Native American Graves Protection and Repatriation Act (NAGPRA) compliance and repatriation; it delegates the issuing of formal decisions and letters related to repatriation to Provost and Vice President for Academic Affairs Ruth Weissman.

Keeler, who was hired Repatriation Coordinator November, explained the University's history with this matter.

"In the 19th and 20th centuries, Wesleyan University was involved, as other academic institutions and the U.S. government were, in collecting Native American human remains and cultural items," Keeler said. "At this time this was not illegal, in the sense of U.S. federal law, but it was considered...under traditional native law to be an illegal process. That specific law wasn't recognized by the U.S. government."

NAGPRA requires that all federal agencies, museums, and educational institutions receiving federal funds return indigenous human remains, sacred objects, and objects of culture patrimony associated with those from Indian tribes, Alaskan Native villages, and Native Hawaiians. The repatriation policy, released in August, committed the University to NAGPRA compliance; the apology referenced this new policy.

"[The] Repatriation Policy... specifies compliance with [NAPGRA], and also allows for indigenous international repatriation," the apology reads. "Wesleyan University commits itself to compliance with [NAGPRA] and international repatriation, in recognition of the U.N. Declaration on the Rights of Indigenous Peoples and the 2012 Resolution on International Repatriation passed by the National Congress of the American Indians ('Support for International Repatriation).

Opened in 1871, the University's Museum of Natural History held an assortment of cultural items from natural history cabinets previously preserved by students, faculty, and alumni.

"The museum here at Wesleyan University began in the 1870s by a fellow who directed it named George Brown Goode," Keeler said. "It was part of this natural history initiative.

Following the closing of the museum in 1957, these items were put into storage; Keeler speculated that this was due to a lack of funding and interest. In the 1970s, the collection came out of storage and formed the Wesleyan University Archaeology and Anthropology Collections. The new policy will lead to repatriation of items in this collection.

President Michael Roth commented on the University's obligation to repatriation.

'We hired Honor Keeler to figure out what in fact was in Wesleyan's collections that had been obtained in ways of which we would no longer [approve],"

Roth said. "She did find such things, and so we felt that we should apologize for holding those items in our collection and that we should try to return them to their rightful own-

The apology letter is just one step in the process; Roth explained that the University's work is far from

"The [next step] is figuring out how best to return these human remains or other objects to the appropriate people," Roth said. "That's what led us to make that announce-

Keeler expressed her hope that the University will continue actively working on this issue, even with her contract scheduled to end in a year.

"I am hopeful that the University continues moving forward in repatriation efforts to indigenous peoples and in partnership with them," Keeler said.

Keyonne Session '17 said that he thinks that the policy and apology letter are indicative of an admirable initiative.

"It shows that we are supporting policies that respect the cultures of different groups who have been taken advantage of in the past," Session said. "Hopefully with this project, we can help return these artifacts back to their original owners but at the same time learn an extensive amount of information behind the origin and purposes of these ar-

Session noted the desired results of the apology.

"Hopefully this process will help Wesleyan fortify [its] bond with the Native American community," Session said.

Keeler stated that the process will not necessarily be immediate.

"[I]t's all dependent upon the tribes and their wishes," she said. 'We may retain collections here until tribes are ready to repatriate. This is an ongoing partnership and consultation with tribes."

Additional reporting by News Editor Miranda Katz

PSafe: External Review Board Recommends "Image Makeover"

Continued from front page

and in particular people from student life, you're giving more legitimacy to the body," Elias said. "...We've already seen that starting to happen. Once we had the Public Safety Review Committee come on board, we were able to use an institutional push to update the website and put up pictures of the bios of all the officers, which is something I had been trying to do and for whatever reason just wasn't a priority."

Vice President for Student Affairs Michael Whaley agreed with Elias and intends for the new committee to be responsible for the PSafe reforms until a new director is hired.

"We'll take the executive summary that was posted online, and we'll move through it and see what are the highest priority items, what do we move on first and start talking about issues," Whaley said. "I had really hoped that a new director would really lead this work. But since the search is still going on, we felt like we couldn't keep waiting, like we needed to start working on some of the most critical of the recommendations

The report also recommended that the University make efforts to improve relations between PSafe and the Middletown Police Department (MPD) officers. According to Whaley, that relationship has been exclusively between the Director of PSafe and the MPD Chief of Police.

"In the absence of the director, I think more people in Public Safety have been developing relationships with more people at the Middletown Police Department," Whaley said. "I think it's definitely the case that it's important for the director to have a very good relationship with the Chief of Police. But I think those other relationships can also be very, very useful."

Interim Director of PSafe Tony Bostick commented on the office's relationship with the MPD.

We work closely with them now, and we have a pretty good relationship already," Bostick said. "The thing with them is that they have a lot of turnover, as far as having people leaving and having new officers. So it's basically [us]

getting to know the new officers and and the University hopes to hire somethem getting used to Wesleyan, how Wesleyan takes care of things. We're already trying to establish that relationship a little bit better."

The review committee also recommended that the University create several positions in PSafe for dispatchers in addition to the existing field officer positions. Dispatchers are in charge of keeping track of field units, responding to emergency calls, and keeping records, among other tasks. Two dispatchers have been hired, though the University hopes to eventually fill five positions.

Whaley explained that officers are currently being pulled in to fill the empty dispatcher positions, but he doesn't believe that this is the most ef-

fective strategy.

"It doesn't really make sense to pull your officers out of that role so that they're dispatching because the skill sets are different," Whaley said. "I think that we need officers that have good skill sets actually out in the field where they expect to be. Some of our officers are really great officers, but they may not be so great with technology, which is something really important on the dispatch function. İ want to keep the officers that we have out patrolling, building relationships in the community, out there doing that good work that they do."

The report's recommendations are designed in part to help the office create a positive image on campus. Elias said he believes that this can begin before a new director is hired and that an important aspect of this change is to integrate PSafe into the community.

"I think we definitely need to start looking into the groundwork," Elias said. "...I think now a lot of students look at PSafe and think of them as a police officer. We can organize more events where you see the officers more as people instead of just a man or a woman in a uniform, and that's definitely something we can definitely start on right away.... They're there not just to end parties but to help you clear out a party if things are getting too unmanageable or things of that sort."

According to Whaley, this new image will focus on community policing, one with experience to fill the director position in order to help emphasize this

"In a new director, we're really looking for someone with expertise in community policing, and the way that I think of that is relationship building, Whaley said. "You are interacting with the community on a pretty regular basis, getting to know the members of the community—this is students, faculty, and staff. That is a constant effort.... You see a broader landscape and a broader context because there has been some investment in building a relationship and really being engaged with the community."

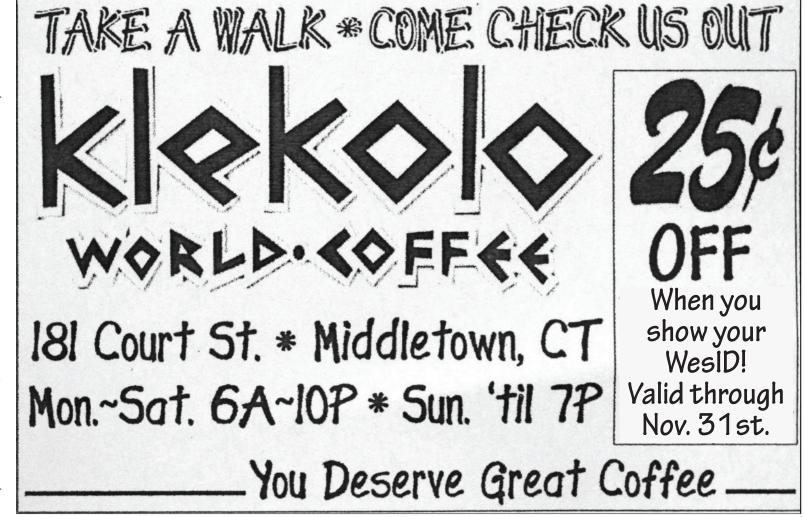
Though he expects the reforms to take several years of work, Whaley is hopeful that they will be able to improve relations between PSafe and students, faculty, and staff.

There's interest both within Public Safety and among students and across the University to have a really well-functioning department that inspires the truth and confidence of all segments of our community and that engages everybody on our campus towards the goal of keeping us all safe and secure," Whaley said. "Really, this has to be a community endeavor that starts with Public Safety but that inspires the involvement of everyone, because that's where we'll have the most chance of being successful in keeping people safe."

Elias expressed a similar sentiment and added that these efforts will require continued attention and dedication throughout the University.

After tragedy after tragedy last year that really destroyed the image, reputation, and dignity of the office, I think the goal of the Public Safety reform is to basically restore dignity and the image of Public Safety in a way that both the officers can be proud of and that [PSAC] can be proud of," Elias said. "It's one thing to create a committee in response to a Diversity Forum... and it's another thing for the University to set that as a priority. I hope that the University is serious about this."

Additional reporting by News Editors Miranda Katz and Tess Morgan.



SFCC Hosts Wheeler for Domestic Violence Discussion

By Michelle L.
Staff Writer

Last Thursday, Students for Consent and Communication, Ajua Campos, International House, and the Planned Parenthood Campus Action Interns co-sponsored a discussion titled "Immigration and Domestic Violence: Examining the Legal Implications of Intersectionality." The discussion invited students to learn about and discuss the crossroads of domestic abuse and immigration. It also delved into the difficulties that victims of domestic violence experience who are either undocumented or reliant on their partners for their lawful immigration statuses.

"The intent is to try to make students question some of these issues that aren't at the forefront [of campus activism]," said organizer and President of Students for Consent and Communication Nina Gurak '16.

The discussion featured Martin Wheeler, a family law attorney who works with victims of domestic violence at Connecticut Legal Services, a private, non-profit, civil law firm that provides representation and counseling to low-income families and individuals.

Wheeler addressed the traumatic experiences of his clients, both citizens and immigrants.

"Victims of domestic violence are not always but very often highly traumatized, especially if the violence had occurred for many years," Wheeler said. "Victims not only have psychological damage, they also develop physical symptoms."

Victims without documentation or whose legal statuses are dependent on a partner's citizenship status face the additional stress of finding ways to leave their abusers without jeopardizing their residency in the United States. In such cases,

victims are more reluctant to seek legal aid. Wheeler described some of the legal opportunities offered to these domestic violence victims.

"The Violence Against Women Act that Congress passed allows the abused spouse who lacks documentation to petition for an immigration visa, [as long as] that victim of abuse can convince the immigration office that the marriage was originally in good faith," Wheeler said.

Victims of domestic abuse, whose stories and reasons for petitioning for immigration visas are highly sensitive in nature, can find the length and complex demands of the application an overwhelming challenge.

"One of the documents the [U.S.] Immigration Office puts emphasis on is the personal statement," Wheeler explained. "Imagine someone traumatized by domestic abuse—the last thing that person wants to do is recall those things and put them down on paper. I might be working with that client for a year before that client is psychologically able to do that"

Immigrant victims of domestic abuse may also face language barriers, experience financial difficulties, or lack support from extended family members, resources that would be more easily accessible to citizens and permanent residents. Nevertheless, Wheeler noted the positivity and resilience in his clients who are immigrants.

"The thing that fascinates me is that my clients are real risk takers," Wheeler said. "Many of them are on their way to being economically self-sufficient. For the majority of them, they are a special breed; they have a willingness to succeed."

For Wheeler, the most challenging aspect of his work is to balance the need to listen to and have compassion for his clients with the efficiency demanded of

lawyers

"Clients don't pay money," Wheeler said. "[Connecticut Legal Services] is supported by the state of Connecticut, grants, among other sources. To maintain that level of financial support, there is that pressure to be efficient, to be goal oriented. But I can't lose sight of the fact that it's really about the individual client."

Students aware of the issue have gotten involved in helping Connecticut Legal Services work with their immigrant clients by translating documents from English to the clients' native languages.

"There are students at Wesleyan who have offered to translate legal documents," Wheeler said. "That's really crucial to us because it's so time consuming sometimes to translate these documents."

Ana Castro '15, one of the students who volunteered translation services, attended the discussion and responded positively to the presentation.

"I'm very passionate about immigration reform since I'm from Texas, and there are a lot of undocumented workers there," she said. "And I feel passionate that they should be given citizenship, so that they won't be exploited for low wages."

Like Castro, Gurak thought the event was a meaningful dialogue and hoped that the students would share their new knowledge with their respective communities.

"I think [Martin] did a really good job of addressing what a lot of people who organize around this issue feel, that it can be a very exhausting, really draining work," Gurak said. "I think it's validating to hear that, but I also think that he's so positive about it. And I think that's a really helpful tip. It can be an uphill battle, especially if you don't have a lot of positive anger or energy to work with."

Workshop Tackles Classism

By Ben Marvin-Vanderryn Staff Writer

As a part of ongoing diversity and inclusion training in the Office of Student Affairs, two consultants were brought to campus on Thursday, Nov. 14 to address issues of class and classism. Rachel Rybaczuk and Jerry Koch-Gonzales, consultants from an organization called Class Action, held an all-day training with Student Affairs faculty members. That evening, they facilitated a student event.

During the hour-and-a-half-long workshop, approximately 15 to 20 students participated in a common ground exercise, learned statistics about the distribution of wealth in the United States, and had conversations about how economic class affects lives. The end of the workshop provided time for a group discussion about the manifestations of class inequality at the University and how different groups of students can address these issues.

"I think the workshops went well," Rybaczuk wrote in an email to The Argus. "The staff who attended the training were sincere, engaged, and knowledgeable. I was impressed by their interest in addressing classism on campus from interpersonal and institutional perspectives.... Students were similarly engaged in the evening workshop and generated impressive ideas for interrupting classism on campus, particularly on policy levels. I hope the workshops are the beginning of collaborative social change efforts between students and staff."

For some of the students present at the event, the environment provided a comfortable place to talk about the issues and learn to facilitate discussion.

"Having conversations around class have been uncomfortable and taboo

since the day inequality started, and likewise they may be difficult conversations to hold with residents who come from diverse backgrounds," said Resident Advisor Zaida Garcia '15. "I looked forward to learning about more tools that could facilitate dialogue around class."

The impact that class can have on the University experience was an important aspect of the discussion, particularly because students come from diverse backgrounds.

"I feel like class is a subject that isn't talked about enough on this campus," said LaNell Williams '15. "It intertwines with so many other diversity issues including race and gender, and many people forget how much of an impact it has on your experience here."

Williams also spoke to her personal experience regarding class at the University.

"I consider myself middle class, and I've always identified my income that way, especially in comparison to many of the inner-city kids in Memphis, [Tenn.]," she said. "I've always known there was a gap of wealth, and because of my relative experience at home, I considered myself in the middle of that gap, until I got to Wesleyan. Once arriving here, I soon saw how large the gap truly was between myself and other students."

With the recent economic issues, Vice President for Student Affairs Michael Whaley said he believes it is important to have discussions about the impact of class diversity on campus life.

"During my time at Wesleyan—this is my seventeenth year—it seems to me that our population has pulled towards the ends of the continuum," Whaley said. "We have a lot of students whose families write the check, and then a lot of people who couldn't write the check. I think as the people in the mid-

dle have been reduced, the ends become more apparent, and yet we don't talk about class issues a lot."

According to Rybaczuk, the entire community has a role to play in increasing discussion and awareness surrounding class issues. As administrators continue facilitating conversation, Rybaczuk believes University students also have an important role to play in the dialogue.

"I think Wesleyan students can have an impact by 1) building community in the form of cross-class alliances between students, staff, and faculty, 2) identifying specific actions to interrupt and transform classism on individual, cultural, and institutional levels, and 3) persevering with those actions beyond a semester or two in order to create long-term change," wrote Rybaczuk.

Garcia noted that the University should take a more active role in igniting discussion, and eventually action, around issues discussed at the workshop.

"I believe the University needs to mandate workshops like these around race, privilege, class, et cetera," Garcia said. "Generally, the same faces are present at these discussions; it is wonderful that these individuals want to be there, but they are already more aware than maybe some others [are]."

Stepping outside ones comfort zone, Garcia said, is crucial.

"The first step towards opening your consciousness is to be in the same space where these discussions are held," she said. "I understand Wesleyan students generally don't like to be told what to do, but there is no way that these conversations can negatively impact someone. They may be daunting and overwhelming, but you will also learn to understand a little bit better why people are the way they are."

Typhoon: Students Raise Funds

Continued from front page

is no longer speculative, and we must act."

As Burns and Nassikas began to fundraise, Gabriella Montinola '17 and Mikaela Reyes '17, both of whom are from the Philippines, were struggling to find a way to help.

"I think feeling helpless was the biggest thing that got to me because it felt like the moment that my country needed me most, I was away for the very first time," Montinola said. "Mika [Reyes] and I are very used to doing relief efforts.... The part of the Philippines that we're from is the capital, and there's a very small portion of the Philippines that's very rich, so sometimes I feel like we have an obligation to serve our country and help those that really can't afford to."

Reyes experienced similar feelings of helplessness, particularly because this typhoon was more severe than those that frequently affect the country.

"[A]t first I was like, 'Oh, it's another normal typhoon'...but then a lot of people were saying that this one was much worse than in the past, and that got me more worried," Reyes said. "You feel helpless, especially because you're so far away from home. I guess that's why we started talking about it and thinking about what we could do from so far away."

However, Montinola explained, because she and Reyes were in a new environment, they were not sure of how to approach this task.

"We're freshmen, we're not from America, [and] we don't really know how things go, so we were sort of struggling to figure out what might work," she said.

Montinola and Reyes spent an afternoon getting advice from the Dean for the Class of 2017 Louise Brown, Associate Dean for International Student Affairs Alice Hadler, and Director of Student Activities and Leadership Development Elisa Cardona before eventually taking the matter to the PINOY group.

PINOY Co-Chair Leo Enverga '14 explained the group's mission.

"PINOY generally raises awareness of not just the Filipino culture, but also the issues that the Philippines is going through," Enverga said. "As a third-world country, there's a lot that needs to be covered, and there's a lot of help that can be given to the country. Things like poverty, corruption, improving education."

PINOY partnered with Burns

and Nassikas and decided to raise money for the United Nations Children's Fund (UNICEF) and a local Filipino organization called One Million Lights, which distributes solar lights to areas in the Philippines in need, such as hospitals.

"We chose UNICEF because we liked the fact that they were catering towards children," Enverga said. "The turnover of the donations was really fast and is really transparent, which we didn't really see in a lot of other organizations, such as the Red Cross. They also have this online platform that we could piggyback on."

Kirsten Rischert-Garcia '17, another member of PINOY, helped set up the online donation platform so that students would have an option other than donating cash at the tables in Usdan.

"I was really excited to help out because in high school I did a lot of stuff with natural disaster relief," Rischert-Garcia said. "I actually started because there was another typhoon in the Philippines a while back called Typhoon Ondoy, so in high school I organized a fundraiser for that."

The first fundraising goal is to raise \$5,000. PINOY will attempt to achieve this goal by soliciting donations in Usdan, hosting a Filipino Late Night, and holding a benefit show. Enverga noted that there was an overwhelming outpouring of support from other on-campus groups wanting to participate in the benefit, such as a capella groups, bands, dance groups, and other cultural groups.

"It's not something that we usually see at Wesleyan, that all these parts of campus come together for something," Enverga said. "...It was so exciting having everybody so motivated about this one thing."

The benefit, distinct from the Filipino culture show that occurs every spring, will take place after Thanksgiving break. The precise date has yet to be determined.

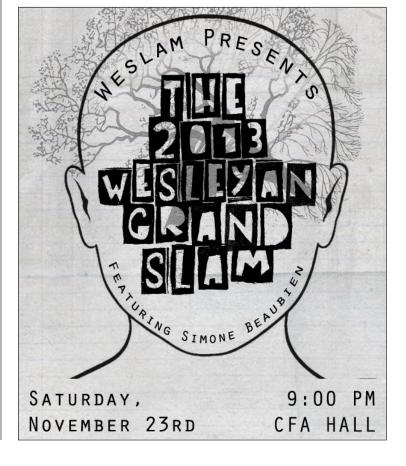
"Despite circumstances, Filipinos know what hardships are like, so they know how to get back and deal with it and make sure that they have that happiness still," Enverga said. "That's something that we love to share."

Rischert-Garcia emphasized the motivation and positive attitudes of students involved in fundraising.

"You'd think that after something so traumatic, people would be low energy or not know what to do," she said. "It's awesome that we all feel really empowered to make a change and help out."

Enverga expressed agreement with his sentiment.

"This event just sparked something in everyone," he said. "It's just incredible"



FOOD

Mikado: Main Street to Satisfy Your Sushi Craving

By Erica DeMichiel Assistant Food Edior

Since I first came to Wesleyan, I've made half-price Wednesdays at Osaka part of my weekly ritual. With a limited budget and a busy schedule, I set aside my apprehensions about discount sushi while satisfying my ceaseless craving for rice and raw fish.

But last week my plans were un-expectedly foiled. After making the trip down to Main Street, my friend and I were surprised to find the restaurant dark and empty. The boldfaced "CLOSED" sign affixed to the door dominated my field of vision; the official stamp of death on my routine. The mysterious and dire situation called for some quick thinking, and I soon recalled a conversation I'd had with a classmate of mine a few days prior.

'Mikado is incredible," she said. "I've already been there five times."

A sharp right off Main Street onto Washington Street brought us to Mikado, and our grumbling bellies led us down a flight of stairs into

the main dining area. The soft lighting and fish tanks made for a Zen atmosphere, and I stole curious glances at the plates of seated diners as the hostess showed us the way to a free table. Wooden boats held glistening slices of fish laid carefully on top of sticky white rice, and ornamental plants propped up by wasabi shaded the thoughtfully assembled delicacies. I caught myself salivating in anticipa-

After taking my seat, I thumbed through the pages of the menu and tried to narrow down the choices. I figured I'd do my best to keep the weekly tradition alive by opting for the Sushi Deluxe, which includes 10 pieces of sushi and a chef's special roll with whitefish. When I informed the waitress of my shellfish allergy, she assured me that the chef would make the substitutions necessary to accommodate my dietary restriction.

As eager as I was to have a new sushi experience, I must admit that it pained me to order from a full-priced menu rather than Osaka's half-price special. But quality rarely comes cheaply, and my meal did not disap-

My dish arrived promptly, and my waitress reassured me that the chef had taken care to leave any shellfish off the plate. I then took a moment to admire the attention to detail in the sushi's presentation: five thin cucumber slices divided the plate, making it easy to discern each type of fish from the next. Neatly arranged in two short rows, the special whitefish roll lounged in the corner of the large white plate, while the raw fish over rice took center stage. The cucumber motif continued with a small wedge nestled in between each successive piece of sushi. Arrayed diagonally across the middle of the dish, the sushi produced a wave of color with the pallid fluke fading into the dark pink tuna. In the bitter New England cold, I was suddenly transported to a warm Japanese beach.

I followed up my visual appreciation with indulgence, diving into the simple, clean taste of the sushi. The cool, slippery fish swam across my taste buds, accompanied by a smear of wasabi and a thin glaze of soy sauce.

Mikado serves many Japanese dishes, including this one, called the "Sushi Deluxe."

The wasabi added a bit of spice while the soy sauce gave the fish just the right touch of brininess. After wading in an ocean of flavor, I felt refreshed and satisfied.

Despite the higher price tag, Mikado was a stellar backup plan.

From the atmosphere, to the service, to the food, the gustatory adventure was a fantastic way of changing up my typical Main Street dining habits.

Once I had plunged into the Mikado experience, I didn't want the

Clark Hall's Cookie Cook-Off Adds Flair to Classics

By Emma Davis Assistant Food Editor

During the week of Nov. 11, Clark Hall hosted its inaugural "Cookie Cook-Off," the first of a series of monthly community-wide events aimed at facilitating intra-dorm bonding. Residents faced off to see who could produce the best cookie by Friday, Nov. 17 in order to win a gift certificate for Mondo Pizza.

The competition was organized by Katherine Lu '15, one of the Residential Advisers for the second floor of Clark. Not only did Lu see the competition as a way for students to work off stress, but she also saw it as a way for them to explore different kinds of baking, especially for those with dietary restrictions. She herself loves to bake but finds the kitchen options limited on campus.

"I know that there's a huge gluten-free, vegan movement, and people have certain food sensitivities, so I really wanted to have people be able to express themselves through baking," Lu said. "I know that's a great emotional release for everyone regardless of their background. I recently became interested in baking, I think two years ago, [but] on campus it's really hard to be able to engage in [baking] because it involves so much time, ingredients, tools, and so a lot of that holds me back. But I was really happy to see that a lot of freshmen were still able to engage in what they love...despite the limitations or the obstacles in college."

Lu deliberately left the cookie criteria open-ended, hoping to encourage students' creativity.

"I specified no nuts, and I basically let everyone run free with it," Lu explained.

The final turnout consisted of three teams, two from the third floor of Clark, and one from the fourth floor, known as Writing Hall. Lizzie Shackney '17 and Ruby Lang '17 of Clark 3 joined together to produce chocolate-chip cookies with Oreos at the center, a recipe they described as straightforward.

"We flattened out the cookie dough, put in an Oreo, and covered the Oreo with cookie dough, and sprinkled some signature salt on top," Shackney said.

Shackney and Lang felt that the salt was particularly important to the flavor of the cookie, preventing it from being overly sweet and adding to its uniqueness.

"[Salt] gives it a special flair," Lang explained.

Also from the third floor was a vegan and gluten free cookie pie, courtesy of Anthony Dean '17.

"I decided to go a bit outside the box," said Dean. "I decided to go with a cookie pie, which is still technically a cookie, but what was really the kicker was [that it] was a vegan cookie pie. And everyone was like, 'Whoa, Anthony, how do you make cookies without eggs and butter?' And I was like, 'Cooking, you know, life."

Dean was especially pleased to have had such good results since it was his first time using the recipe.

"I'd never used this recipe before, but it turned out pretty well," Dean said. "The chocolate chips melted a lot, so it was just like a giant choco-

cookie competition.

late, chocolaty cookie [and a] delicious creation."

Amy Mattox '17 of Writing Hall put her own spin on chocolate-chip cookies by adding secret ingredients to the classic New York Times recipe.

"I have several things that I do to alter the recipe," Mattox said. "I use some weird things. I use mayo, and heavy cream, and some other stuff. You know, it's funky, you just mess around with it. You figure what you like, what makes the consistency better, what makes them keep longer."

Like Lu, Mattox enjoys baking and finds it to be both fun and cathar-

"I love to bake," Mattox said. "It's always been a very big pastime of mine. It's like a big stress reliever. It's a wonderful thing; you get to share

LIZZIE SHACKNEY/CONTRIBUTING PHOTOGRAPHER

delicious things with your friends. So [when Lu] sent out the email...it was just an impetus to do something that I'd already wanted to do."

Louise Brown acted as judge for the competition and ultimately declared it a three-way tie because the cookies varied so much. The three teams plan

to share the Mondo gift card.

Overall, Lu said she was satisfied with the results of the competition and would gladly hold another, but

with a few modifications.
"I would change up it up a little bit [because] it's hard to monitor interest," Lu said. "I was always unsure of participation, but I'm glad that a few people participated because they were passionate, and even though participation was limited, it was [of] good quality."

Dean seconded Lu's opinion of

"I thought everyone brought in some good cookies," Dean said. "I think a good time was had by all."

Gluten-Free)

(Adapted from Chocolate-Covered Katie, a dessert blog; baked by Anthony Dean '17)

2. Mix in chocolate chips and pour into an oiled 10-inch (or smaller) pie

3. Cook at 350 degrees for around 35-40 minutes. Let stand at least 10 minutes before removing from pan.

Dean for the Class of 2017

the competition.

Deep-Dish Cookie Pie (Vegan &

1. Blend everything (except the chocolate chips) very well in a good food processor. Use a blender instead of a food processor only if absolutely nec-

pan.

INGREDIENTS

2 CUPS WHITE BEANS OR GARBANZOS, DRAINED AND RINSED 1 CUP QUICK OATS (OR CERTIFIED GLUTEN-FREE QUICK OATS) 1/4 CUP UNSWEETENED APPLESAUCE 3 TBSP. OIL (CANOLA, VEG., OR COCO-NUT) 2 TSP. PURE VANILLA EXTRACT 1/2 TSP. BAKING SODA 2 TSP. BAKING POWDER 1/2 TSP, SALT 1 1/2 CUPS BROWN SUGAR 1 CUP DAIRY-FREE CHOCOLATE CHIPS

Chocolate-Chip Oreo Surprise Cookies

Jacques Torres; baked by Lizzie Shackney '17 and Ruby Lang '17)

- 1. Sift flours, baking soda, baking powder, and salt into a bowl. Set aside. 2. Using a mixer fitted with paddle attachment, cream butter and sugars together until very light for about 5 minutes.
- **3.** Add eggs, one at a time, mixing well after each addition. Stir in the
- 4. Reduce speed to low. Add dry ingredients and mix until just combined for 5 to 10 seconds.
- 5. Add chocolate chips. Press plastic wrap against dough and refrigerate for 24 to 36 hours. (Dough may be used in batches and can be refrigerated for up to 72 hours.)
- **6.** When ready to bake, preheat oven to 350 degrees. Line a baking sheet with parchment paper or a nonstick baking mat. Set aside. 7. Scoop 6 3 1/2-ounce mounds of
- dough (the size of generous golf balls) onto baking sheet, making sure to turn any chocolate pieces that are poking up so that they are horizontal; this will make for a more attractive cookie. 8. If making Oreo Surprise cookies,
- flatten mounds of dough using a flatbottomed water glass. Place an Oreo at the center of each circle and pinch the dough around to seal the Oreo
- 9. Sprinkle lightly with sea salt and bake until golden-brown, soft, for 18 to 20 minutes.
- 10. Transfer sheet to a wire rack for 10 minutes, then slip cookies onto another rack to cool.
- 11. Repeat with remaining dough. Alternatively, refrigerate dough for next-day use. Eat warm and with a big napkin.

INGREDIENTS 2 CUPS MINUS 2 TBSP. CAKE FLOUR

1 2/3 CUPS BREAD FLOUR 1 1/4 TSP, BAKING SODA 1 1/2 TSP. BAKING POWDER 1 1/2 TSP. COARSE SALT 1 1/4 CUPS (2 1/2 STICKS) UNSALTED BUTTER 1 1/4 CUPS LIGHT BROWN SUGAR 1 CUP PLUS 2 TBSP. GRANULATED SUGAR 2 LARGE EGGS 2 TSP. NATURAL VANILLA EXTRACT

2 1/2 CUPS BITTERSWEET CHOCOLATE SEA SALT 1 PACKAGE OREOS

These chocolate cookies were among the winners of Clark Hall's (Adapted from The New York Times/

Meshing Holidays

By Jess Zalph

Anyone who takes holidays seriously (or has "accidentally" ended up on BuzzFeed in the past few weeks) has probably noticed that Thanksgiving and the first day of Hanukkah fall on the same day this year.

Well, hmmm.

If you thought the holiday season was stressful enough, just think of the consequences of this coincidence. What if our kids mix up the holiday when they're supposed to be celebrating the conquerors and the one when they're supposed to be celebrating the conquered?

As in any difficult situation, the best option is probably just to avoid all conversation and steadily shovel food into your mouth. No one expects you to contribute to an argument about the acceptability of the dairy in the turkey stuffing if your mouth is full of cranberry sauce and Hanukkah gelt, especially if both are in your mouth at once. (Conveniently, this will change the topic of conversation to why you are making this particular decision in the first place.)

Seeing as I love food (and therefore, holidays), my primary concern about this overlap is that some foods critical to each holiday will be lost. However, these fears may be baseless. Thanksgiving is all about that overeating-induced PTSD (Post-Thanksgiving Sleep Disorder), and no Jewish grandmother ever says "no" to making a mere groaning board scream loudly in pain. Might as well just add dishes instead of taking them away.

So really, combining the holidays in a culinary manner isn't so hard. Besides, one of the focuses of Hanukkah is eating fried foods to honor the oil that burned for eight days and nights, and what blue-blooded American isn't

going to get behind consuming more fried foods?

I'm only recently a sweet potato fan, and one obvious way to combine two staples of these holidays is to make sweet potato latkes. This recipe is simple enough that it can be done in your dorm if you happen to be staying here over break.

However you handle this interesting situation, happy "Thanksgivukkah" from the Argus Food section. Supposedly this holiday won't come again until the year 79,811, so enjoy it while you can.

Sweet Potato Latkes

(Adapted from Epicurious; makes 25-30 latkes)

- **1.** In a large mixing bowl, combine potatoes, scallions, flour, eggs, salt, pepper, and cumin.
- 2. Over medium-high heat, warm the oil in a deep, nonstick, 12-inch pan until sizzling
- **3.** Pour 1/8 cups of the latke mixture into the pan in batches of four. Flatten each with a spatula until they are approximately three inches in diameter.
- 4. Reduce heat to medium-low and cook each latke for about a minute and a half on each side, until golden brown.5. Transfer latkes to a paper towel, or a cooling rack above a paper towel, to let the excess oil drain.
- **6.** Repeat steps 3 through 5 until you have used all of the mixture.

INGREDIENTS

1 LB. SWEET POTATOES, GRATED
3 SCALLIONS, FINELY CHOPPED
1/3 CUP FLOUR
2 EGGS, BEATEN
1 TSP. SALT
1 TSP. PEPPER
1/2 TSP. CUMIN

1/2-3/4 CUP OLIVE OIL

Mozzerella Sticks for A Bargain

By Eden Jablon Staff Writer

Ninety-six points. I stared at the number on my meal plan, as if by willpower alone I could precede that 96 with another digit. That night, I sat down with my favorite snack, mozzarella sticks, and realized the horrible truth: those bites of cheesy, breaded goodness were the culprit. My mozzarella stick addiction was draining all my points.

The problem is, mozzarella sticks aren't even completely satisfying. If I'm actually hungry, I have to buy something in addition to the mozzarella sticks. They are also expensive: the standard price is \$4.50 for six sticks. You can get them at WesWings, Late Night, and a variety of food trucks. In short, they're far too accessible for my own good.

I set out to make my own mozzarella sticks, hoping that producing them myself would help to conserve my remaining points. Though, being completely honest, I was also rather frustrated by those few hours a day when I couldn't access mozzarella sticks and felt a need to fix this limitation. I have a problem, I know.

I looked up recipes online, and created the recipe below based on availability of ingredients. After I enlisted the aid of a few friends, we set up shop in the Butterfield A kitchen.

The results were good (of course, admittedly, I've yet to encounter bad melted cheese), but not quite up to restaurant-purchased-mozzarella par. Part of the problem might be that the sticks were baked, as opposed to



fried. Or maybe part of the mozzarella stick experience is getting to sit back and be lazy as someone else makes them. Either way, I'll definitely need to be adding some points to my WesCard.

Mozzarella Sticks

1. Preheat oven to 420 degrees Fahrenheit. Grease baking sheet or line it with parchment paper.

2. In a small bowl, beat egg until frothy. Place breadcrumbs on a plate.3. Dip each piece of cheese in the egg, then roll in breadcrumbs. Repeat.

4. Place each piece of cheese on the

cookie tray, leaving space between the pieces. Bake for four minutes, then flip and cook for an additional three minutes.

5. Season with garlic powder if desired. Serve with marinara sauce and enjoy!

INGREDIENTS

6 PIECES OF STRING CHEESE, CUT IN
HALF LENGTHWISE
1 EGG
1 CUP ITALIAN BREADCRUMBS
1 TSP. SALT
GARLIC POWDER (TO TASTE)

SWAG: Gluten-Free Life Proves Challenging

Continued from front page

related mini-series thus far typically state the challenges and ask for pity, Sobelsohn said she hopes the new mini-series will be interesting and engaging.

"We want to reach a large community, and there's a huge market for a gluten-free college mini-series," she said.

One issue that gluten-free students at Wesleyan have is that in the salad bar, the pasta is often put behind the vegetables.

"People have to reach over the vegetables to get to the pasta, and sometimes the gluten pasta falls into the salad," Carfi said. "It is poorly arranged."

Additionally, while the gluten-free station is set aside from the others, it is still open to all students. Occasionally, students will bring their food that contains gluten into the gluten-free station, which can cause unintentional contamination.

"A lot of people don't understand that if they touch their food and then touch our food, we will get sick," Carfi

This is especially a problem with the waffle iron, because non-gluten-free batter is sometimes poured into the glutenfree iron. Once gluten makes contact with the porous iron surface, it is nearly impossible to remove all of it, and a new iron must be purchased, Carfi explained.

Sobelsohn was diagnosed with celiac disease in fifth grade, but she didn't eat gluten-free foods because she didn't like how they tasted.

"I looked sick, weak, and thin and had a lot of stomach aches before I started keeping a strict gluten-free diet," she said. "Then I grew six inches in four years after being gluten-free."

She said that when she was applying to colleges last year, she looked into which ones had the best gluten-free dining op"The Weslevan dining ste

"The Wesleyan dining staff seemed really knowledgeable and Middletown seemed to have very good gluten-free options," Sobelsohn noted after reading an article dedicated to gluten-free eating on WesStuffed.

During her first two weeks on campus, Sobelsohn went from station to station at Usdan, eating only the dishes with the gluten-free label on the menu. However, she had a constant stomachache.

"I am more sensitive than anyone I know, and my symptoms are more severe," Sobelsohn said. "I need to be close to one hundred percent gluten free."

She eventually met with Usdan

Director Michelle Myers-Brown, University Medical Director Thomas McLarney, Bon Appétit Resident District Manager Michael Strumpf, Bon Appétit Dietician Daniele Rossner, and Associate Dean of Student Academic Resources Laura Patey to discuss solutions.

"I realized that it's on me to be proactive," Sobelsohn said. "It's a dialogue I needed to start."

Now, a few hours before each meal, a Bon Appétit employee emails Sobelsohn with that meal's gluten-free menu, and Sobelsohn responds with her choices. When she arrives in Usdan, she receives plates of food that were cooked with the rest of the gluten-free offerings but Saranwrapped and put aside to prevent cross-

contamination. This is a unique arrangement, because most students who have celiac or are gluten-intolerant or glutensensitive do not get sick after eating the normally designated gluten-free dishes.

"It still isn't perfect, but I'm dealing with what I have," Sobelsohn said. "Wesleyan is definitely one of the top gluten-free schools. They've been really accommodating about everything."

Carfi was diagnosed with gluten intolerance three years ago, after suffering from stomach issues and then having his blood tested. According to Carfi, although it is not as severe as celiac disease, his gluten intolerance means that his body cannot digest gluten.

Maya Stevens '17, who is glutenintolerant and has been gluten-free for a little over a year, said she was very excited to join SWAG and to meet other students who were also dealing with the difficulties of a gluten-free lifestyle.

"I wasn't sure what to expect upon joining, but now that we've met a couple times and have talked about things we can do to make eating gluten-free, without risk, at Wesleyan easier, I'm excited to see how we can fix these problems," she said. "Hopefully, we can make people more aware that this allergy is legitimate and not all that uncommon and make people conscious of how their actions in the dining halls might affect us. That might take some time, though."

Upon arriving at Wesleyan, Stevens said she was pleasantly surprised by how accommodating the University is to the gluten-free diet. Unlike at home, where Stevens found that people were not as aware of gluten-free dietary limitations, in Usdan, gluten-free stickers and the gluten-free station allow Stevens more flexibility in her eating.

"It makes my life a lot easier, but the system isn't perfect," she said. "There are a lot of smaller things that could be fixed, but in general, there are some pretty rare days where there isn't enough gluten-free food available for a full meal, so I've started checking the menus religiously to make sure there are things I can eat. And the gluten-free station is still pretty limited."

Since she joined SWAG and learned about the struggles of her gluten-free peers, Stevens has become more conscious of her diet. She is less sensitive than people with celiac, so if she accidentally gets a few crumbs or pasta from the salad bar in her food, her body's reaction is mild.

"I hadn't even noticed that [cross-contamination in Usdan] was a problem even though I'm gluten-free, but now [that I joined SWAG] I'm a lot more careful about it," she said.

In accordance with SWAG's mission to educate the University community on gluten-free issues, Stevens offered advice and suggestions for how students can make the school safer for people who cannot process gluten.

"It's the little things that make the most difference, honestly, and a lot of these problems can be solved with really simple precautions," she said. "Try to keep food with gluten out of the gluten-free station; don't touch anything in there if you've touched food with gluten; don't use the equipment in there with foods that aren't gluten-free. And outside the station, just try to keep crumbs or pasta bits from getting into the foods around Usdan that wouldn't normally have gluten."

Meghan Waitzer '17, who is an ally to the gluten-free members of SWAG, expressed that having a gluten-free diet is not a choice or a fad for most students; rather, it is often a legitimate health concern.

"You wouldn't question someone with a peanut allergy, so why question someone who is gluten-free?" she said.



EMMA DAVIS/STAFF PHO

Rachel Sobelsohn '17 is the founder of SWAG.

TUESDAY, NOVEMBER 19, 2013 THE WESLEYAN ARGUS

WEEKEND IN REVIEW









SADICHCHHA ADHIKARI/STAFF PHOTOGRAPHER





ALIX LISS/CONTRIBUTING PHOTOGRAPHER



ALIX LISS/CONTRIBUTING PHOTOGRAPHER



The F Holes performed their first chamber concert in Olin on Saturday afternoon.

Library goers took a quick study break to watch Quasimodal perform a short concert on Thursday.

The Cardinal Sinners and the Wesleyan Spirits joined forces for a concert in Olin this past Saturday.

Tickets for Shakti's Samsara festival this Thursday are now being sold at the Usdan Box Office.

Students raised funds to help survivors of the deadly typhoon that struck the Phillippines earlier this month.

The men's hockey team organized to help fight cancer with the Movember movement.

Chris Tugman '15 was a force on the glass for men's basketball.



Samsara Festival Brings South Asian Culture to Wesleyan

By Hazem Fahmy Staff Writer

There is no doubt that the University is home to members of a multitude of different ethnicities and backgrounds that help define its culture, and that for many students, an integral part of the Wesleyan experience is sharing and learning from differences within the student body. Just as the African Students Association did last week with its annual festival Ariya, the student group Shakti will host Samsara this Thursday.

A group especially for students who identify as culturally, ethnically, or nationally Indian, Pakistani, Bangladeshi, Nepali, or Sri Lankan, Shakti is the main vessel on campus for South Asian cultural expression.

"Our efforts are to provide a space for people who either identify as a South Asian, a South Asian American, or who are passionate about that culture, education, politics, everything," said Shakti President Anika Amin '14. "I also try to have it be a place where you come to the meeting and can explain an aspect of the culture that you like and want to explore a bit more and express."

In response to these goals, Shakti members of the past created the annual Samsara festival. Shakti, in collaboration with many students with an understanding of and a passion for any aspect of South Asian culture, provides the University community with a glimpse into the perspectives of both natives and migrants within the region.

"The two big missions of Shakti are to provide that space to those who identify with or are passionate about the culture and to spread awareness about the culture to the Wesleyan campus as a whole, and that is what Samsara as [a] campus wide event do[es]," Amin said.

A concept in Hindu spirituality, the word Samsara represents the cycle of life, death, and rebirth that is key to the faith. Given the diversity of religiosity in the region, Hinduism does not play a central part in the actual event, but Samsara continues to be the event's title



Samsara combines musical performances along with sketch comedy to demonstrate different aspects of South Asian culture.

for the way in which it acts as a metaphor for human transcendence and, of course, due to the annual nature of the event.

While breaking stereotypes, especially crude ones, is a crucial goal of the festival, it is equally important for it to illuminate the relationship between East and West. This leads to comical portrayals of said stereotypes in a fashion that, on the one hand, pokes fun at them, and on the other, contrasts them with reality.

"Samsara is our chance as a group to show Wesleyan [that] this culture not only exists, but it exists on this campus," Amin said. "You may have learned it like this, but this is how it has evolved, this is how this generation is interpreting it [and] how we're expressing it. This is how the two cultures fuse.'

Shakti is structured as a fragmented musical consisting of numerous performances with partially improvised sketches in between. The story usually has some sort of theme regarding an encountering of East and West. For example, two years ago the subtitle of the event was "From Middletown to Mumbai," taking the audience through the story of a Wesleyan student studying abroad in India as he comes across numerous Bollywood clichés. For instance, he falls for a girl whose parents had already arranged a marriage for her.

Last year's performance reversed this tale, as it showed an Indian student coming to Wesleyan and struggling with the way in which he understands and resonates with his own culture, especially when he falls for a member of Shakti. This year's story shows a film producer who goes to India in search of the next big Indian-themed project, encountering on the way Indian parodies of American TV shows, such as a show titled "How I Met Your Auntie."

'[For] people who aren't familiar with the culture, I can only hope that they come with open minds," Amin said regarding those who have never attended the festival. "South Asian culture has come to invade American culture. You have 'The Mindy Project,' you have 'Slumdog Millionaire' that won the Oscar. I want them to leave knowing that it not only exists on campus, but it is something that is not separate from their lives."

Samsara is set to be a night laden with festivity, laughter, and, most importantly, an opportunity to experience song, dance, and spoken word of an-

The Samsara Festival will take place this Thursday at 8 p.m. in Crowell Concert Hall. Tickets are on sale at the

Five Guys Celebrates First Show

By Charles Martin

This Saturday at Psi U, the Wesleyan all-sophomore rock band Five Guys had its inaugural performance as the opener for New School and Grand Cousin. Following a dinner at Buddhist House, I had a chance to sit down with four of the five guys: drummer Leo Grossman '16, vocalist Nick Selden '16, and guitarists Ethan Hill '16 and Delaine Winn '16. Not present was bassist Angus Macdonald

The group of us sat in a cross-legged circle, and I got to know these zany guys while Grossman fiddled around on a blue

The Argus: So, just to get it started, how long have you guys been together as a band?

Nick Selden: We met over WesAdmits, and started practicing over Skype.

Leo Grossman: That's probably how the idea formed, playing online and just realizing how good we were, just on the Internet alone.

Delaine Winn: We've probably only actually been playing for a month, it's just been a lot of talk and a lot of planning.

LG: This was the breakout show, I'm sure everyone's been talking about it already.

A: How would you all describe your

LG: Ecstasy...the inverse of Sky Bars. NS: Not funky; I think we are marketably not funky.

A: Were you guys named after Five Guys, the burger chain?

LG: Five Guys was named after us... actually, I don't even know what Five Guys is. **DW:** Are you talking about our bandchain restaurant?

A: Ok, that's some weird cross-marketing. Don't you think it's interesting that the band came after the restaurant?

DW: Is that a fact?

EH: I think it's pretty disputed. **DW:** I think that's more of an opinion.

NS: Are you a history major?

A: No.

NS: So how would you know? **A:** Are you?

NS: Yes, actually I am. COL... It's intellectual history.

A: Ok, so of the set you guys played last night, how much of that was your own original music?

LG: All of it, that was all our music. DW: Arguably, Wilco may or may not

have written one of the songs. EH: They were highly influenced by us.

DW: Yeah, that's the thing. LG: Jeff Tweedy often credits me with cowriting his songs, so I feel like I have certain liberties there.

DW: I will definitely say Wilco was influ-

ential in some of our songs, though.

A: So, were the songs you played last night your entire catalogue so far, or is there more to come?

LG: There's way more to come. That was iust the taste.

DW: It's all about supply and demand in today's Wesleyan music scene.

NS: You know how when you go to a frozen yogurt place you can get the little taste samplers? Ours is like the big cup with a bunch of sour worms in it, and then you get a yogurt flavor that doesn't necessarily go with that, preferably cookies and cream...That's what it's like.

A: So what can we expect of Five Guys in the future?

LG: We're actually going to be on the radio on December 3, WESU Middletown 88.1 FM. I believe the show is called Wild, Wild, Wild, at 5 p.m.

EH: Five Guys at 5.

DW: We're going to play some songs live on that show, maybe do another interview. NS: I also think it's safe to say that we'll play another live show by the end of our lifetime, maybe even by the end of the semester. Also, if you're reading this, and you have a house on Fountain, we'd like to break it.

EH: Not necessarily play there, just break

NS: Seriously though, if you have a house,

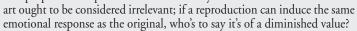
Submitted by Lillian Holman & Andreas Streuli Film Board Representatives

Before heading off for Thanksgiving next week, make sure to make it to this week's Film Series. The calendar kicks off with another outstanding offering from the Tournée Series from one of the best living filmmakers, before heading into the second week of our alumni series with Sam Fleischner's new film "Stand Clear of the Closing Doors." The latter half begins with one of the summer's most powerful and acclaimed films in "Fruitvale Station" and ends with Preston Sturges' "Palm Beach Story."

2010. France/Italy/Iran. Dir: Abbas Kiarostami. With William Shimmel, Juliette Binoche. 106

WEDNESDAY, Nov. 20, 8p.m., \$5

If there's a single theme that connects Iranian auteur Abbas Kiarostami's body of work ("Close-up," "Through the Olive Trees," and "Taste of Cherry," for instance), it's his attempt to explore the relationship between art and life, authenticity and imitation, illusion and truth. "Certified Copy" begins with a writer (Shimmel) giving a talk on his new book that proposes that questions of "authenticity" in



This theme becomes embodied in the ever-riveting interplay between Shimel and an art dealer (Binoche), who spend an afternoon drifting though Tuscany following his lecture. When the two are mistaken by a cafe owner to be husband and wife, they innocuously decide to play into it. Over the course of the film, their relationship evolves into something so convincing and emotionally resonant that the audience begins to question whether they have a richer history than the two originally let on. Quoted in At the Cinema's review of the movie, Kiarostami has said that "the best form of cinema is one which poses questions for the audience," a conviction he actualizes better than ever in this wildly intelligent and moving story that feels both timelessly universal and achingly contemporary.

"Certified Copy" is presented as part of The Tournées Festival.



2013. USA. Dir: Sam Fleischner. With Jesus Sanchez-Valez. 102 min.

THURSDAY, Nov. 21, 8 p.m., FREE
Once again, Wesleyan offers a unique ex-

STAND CLEAR OF THE CLOSING DOORS

perience you won't get anywhere else. Wes alum and editor Talia Barret '08 is coming back to present Sam Fleischner '06's latest film "Stand Clear of the Closing Doors." It is a beautiful foray into autism, undocumented immigration, and family life. It follows Ricky (Sanchez-Velez), who escapes into the subway for an adventure, while his family desperately searches to find him. Not only is it a great film, but it

will also give you the chance to ask questions of the director at the end and see some of the fantastic things you can accomplish with a Wesleyan degree.

FRUITVALE STATION

2013. USA. Dir: Ryan Coogler. With Michael B. Jordan. 85 min.

FRIDAY, Nov. 22, 8 p.m., \$5

26-year-old, first time director Ryan Coogler makes no attempt to sensationalize the heart-wrenchingly tragic story of Oscar Grant's 2008 racially charged murder in this 2013 Sundance Jury Prize Winner. In fact, he uses real life cell phone footage of the incident to open the film, orienting the narrative's focus not on what happens but rather who Grant was as a man through the prism of a single day. As David Denby of The New Yorker writes, "From



the evidence of this movie, Oscar Grant was smart and foolish, loving and irresponsible, candid and evasive, and now he's another young black man gone." In the wake of the Trayvon Martin case, "Fruitvale Station" feels like an urgently timely movie if there ever was one.



THE PALM BEACH STORY

1942. USA. Dir: Preston Sturges. With Claudette Colbert, Joel McCrea. 88 min. SATURDAY, Nov. 23, 8 p.m., FREE

The Palm Beach Story" is one of the most adorably wacky romantic comedies ever made. Its silly screwball plot takes the cake for ridiculousness. A woman decides that the best way to support her husband financially is to divorce him and seduce a far richer man. It comes from the comedic mastermind behind "Sullivan's Travels" and "The Lady Eve," Preston Sturges. I mean, who wouldn't want to spend a Saturday evening with characters

named Princess Centimillia and JD Hackensacker III? Also, did I mention that it stars Claudette Colbert and a bunch of old men gun enthusiasts? It's like a NRA-sponsored Snow White (which, I'm sure, is how Sturges would have wanted it described).

THE IDIOT BOX

"Once Upon a Time"

By Ali Jamali

In 2004, "Lost" put a new spin on an old technique by using flashbacks as the main element of storytelling. "Lost" had its days of glory and misery and ended its run with a strongly polarizing finale. One year later, "Lost" writers Adam Horowitz and Edward Kitsis continued their previous method of storytelling with a brand new show, "Once Upon a Time." This time, they decided to add a new element to their show: magic.

Eight years before its premiere, Kitsis and Horowitz pitched the premise of "Once Upon a Time" to networks, but they were refused because of the show's fantasy nature that seemed to apply only to young audiences. However, ever since the pilot episode became the biggest debut on ABC since 2006, "Once Upon a Time," now in its third season, has remained the highest rated scripted show on Sunday nights.

"Once Upon a Time" is set in Storybrook, a small fictional town near Boston. At first glance, Storybrook seems to be a typical town with ordinary people. However, as the show progresses, we discover the residents of Storybrook have been cursed by an evil queen to come to this world, live as a person, and forget about their past identities as fairytale characters. Like "Lost," each episode focuses on a character by revealing his/her life in the past and in the present. What makes "Once Upon a Time" so enjoyable is that all the fairytale characters are connected to each other in the most unexpected ways and they may not be the characters we recognize from popular fairytales. In "Once Upon a Time," nothing is impossible: heroes can turn out to be villains and vice versa.

In the opening scene of the show, we see Prince Charming (played by Josh Dallas) on his way to rescue his true love, Snow White (played by Ginnifer Goodwin) from her sleeping curse. He breaks the curse with true love's kiss, and they marry. This is the end of the fairytale we all know, but it's just the beginning of "Once Upon a Time."

White and Charming have a child named Emma. But in the moments before the Evil Queen casts a curse that causes all the people of the Enchanted Forest to transfer to a horrible world sans magic (ours), the couple manages to save Emma by sending her to our world apart from the other characters in hopes that she will one day break the curse. When White and Charming, known in our world as Mary Margaret and David, fall in love despite not remembering their real identities, we see the power of true love, which no curse can overpower.

"Once Upon a Time" may be simply a TV show, but Prince Charming and Snow White's true love was strong enough to fire up a love between co-stars Goodwin and Dallas. After they met on the set in 2011, they got engaged in October 2013. It seems that fairytales can become true after all.

"Once Upon a Time" presents the fairytale characters we grew up dreaming about and entertains us as adults with its powerful storyline and strong performances. With nearly every episode finishing with a huge cliffhanger (not to mention the mother of all cliffhangers in the season one finale), waiting for a new episode can be a pain. With so many unexpected plot twists and bombshells, the show never fails to play with your emotions.

If you believe in magic and true love, don't miss this show. You can watch the last two seasons on Netflix or iTunes. "Once Upon a Time" airs Sundays at 8 p.m. EST on ABC.

Jaap Blonk Fills CFA Hall with Sound, Colors, Repetition



C/O JAAPBLONK.COM

By Alyssa Domino
Contributing Writer

Avant-garde composer Jaap Blonk performed in the Center for the Arts (CFA) Hall this Thursday to an audience of mostly Middletown residents. Though I had briefly researched Blonk beforehand to find that he was a Dutch self-taught sound and stage performer, I entered the performance without much of an idea of what I was about to see.

The show consisted of a series of short performances, each ranging from one to fifteen minutes in duration. Every performance possessed a unique flavor. The first one made me feel like I was sitting in on a Jim Carrey vocal warm-up routine. For this performance, Blonk made streams of sounds with his voice and mouth that often involved the contortion of his whole face.

In another routine, Blonk projected a "map" of the letter "R." He explained that "R" is his favorite letter in the alphabet because it is so dynamic. He then verbalized the map by stringing along each sound of "R"

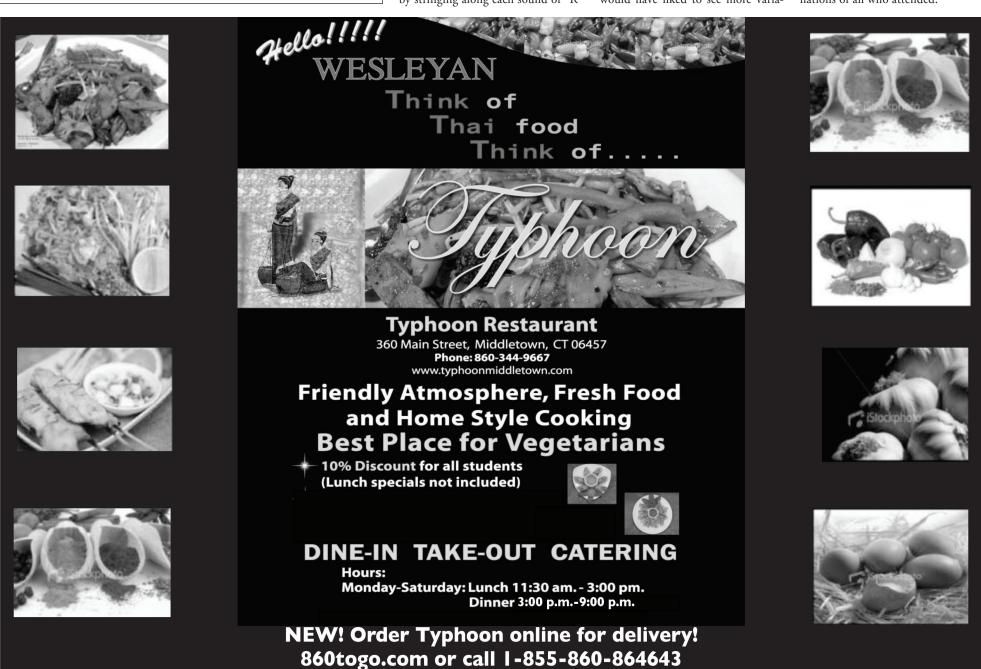
in a sequence. The result sounded like Blonk was imitating various car muffler sounds one after the other. During another performance, Blonk repeated the phrase "I am that I am" over and over in a way that made me feel like I was in a spaceship during the apocalypse.

I found myself intrigued as I experienced many of these performances, but I also wished for more of a storyline. This would have kept me more engaged, rather than feeling like I was making a conscious effort to be entertained. Probably my favorite number began with a projection of a black screen with Blonk stuttering phrases like, "Well, what I'm trying to say is, what I want, what I need to tell you is." The screen slowly began filling in with dots of colors, mostly red, white, blue, and tan, until the audience could clearly see the image of George Bush making a speech. This piece was my favorite because it told a story; there was a message to be received, and it was received with

In addition to more storylines, I would have liked to see more varia-

tions in theme. There was one number, for example, where Blonk read a poem called "Glass Glass," a poem that has the word "glass" written over and over with missing letters, as Blonk explained in the introduction to this performance. His reading had the same aggressive, low-tone, and super-enunciated diction that he used in many of his other presentations. The rhythm he used was catchy and made me want to hear the poem in another style, maybe in a rap or even just with different inflections and tonalities.

As I was leaving and reflecting on the show, I overheard a group of people in front of me doing the same. Some of them really loved pieces that I had somewhat overlooked, which made me respect the nature of the performance more than I did before. In its abstractness, its lack of storyline, and its general dearth of guidance for the viewer, it allowed each audience member to have a different takeaway. Though the style may not have been for everyone, it definitely found a way to appeal to the imaginations of all who attended.



FEATURES

"Gulp:" A Tale Worth Swallowing

By Jenny Davis Assistant Opinion Editor

Had it been written by anybody else, "Gulp: Adventures on the Alimentary Canal" might have been an awfully disgusting account. Luckily for the reader, though, "Gulp" was written by Mary Roach '81, who has no qualms about getting down and dirty—and Roach's stepby-step chronicling of the digestive tract does, indeed, get dirty.

In the book, which is told in 17 sections, Roach works her way down the alimentary canal in a journey that includes sampling dog food in St. Louis, Mo.; consulting experts about oral processing and saliva in the Netherlands; chatting with rectal smugglers at a California state prison; and contemplating a colon with a 28-inch circumference in Philadelphia.

Roach is not, in other words, a passive reporter. "Gulp" is part popular science and part MythBusters. Roach is unflinchingly curious about the inner workings of the human digestive tract, and she is never shy to probe the experts she interviews along the way. She also doesn't hesitate to look into obscure accounts to address her questions: Why is the least common form of bulimia chewing food and spitting it out? Why doesn't the stomach digest itself? Is it possible to "reverse eat" (that is, suck up food from the rectum, absorb the nutrients, and vomit up feces)? Did Elvis die from constipation?

Roach's experts add flavor to the tale. The first professional we meet is Sue Langstaff, a bona fide wine- and oilsniffer with a nose as sensitive as a dog's, who guides Roach through an afternoon of oil tasting (during which Roach hilariously struggles to identify the many variations of oils before her). "Nose Job," the first section of the book, addresses the role of smell in tasting food, and Roach raises fascinating observations about the diffi-

culty of finding names for smells. Langstaff, meanwhile, describes scents as though they are paintings, thanks to her mega-nose and the Harley Davidson she rides to catch more whiffs of the air.

Humor is indeed an essential ingredient in every part of the journey from the nose to the rectum, and Roach applies it liberally. Even her footnotes avoid being dull. The note that corresponds to the word "uvula," appearing when Roach visits an oral processing lab, states, "Its full medical name, and my pen name should I ever branch out and write romance novels, is palatine uvula."

Another funny footnote corresponds to Roach's description of a feud between Horace Fletcher (the nineteenth-century proponent of the extreme chewing, or "Fletcherizing," of food so that it is not swallowed as a solid but slides down the throat by default) and John Harvey Kellogg (the nutrition expert of the same era who valued whole grains and brought notoriety to granola). Here, Roach's footnote points to the men's rivalry over preferred excretion.

"The two parted ways over feces," Roach informs us. "Kellogg's healthful ideal was four loose logs a day; Fletcher's was a few dry balls once a week. It got personal. 'His tongue was heavily coated and his breath was highly malodorous,' sniped Kellogg."

Her asides are likewise hilarious. When Roach journeys to a California prison notorious for its "hoopers" (prisoners who smuggle in drugs, razor blades, and the occasional iPhone in their rectums) for an interview with an inmate, she first briefly consults a contraband interdiction officer who shows her a collection of bags and boxes containing hooped (rectally smuggled) items. One prisoner, she learns, was caught with two boxes of staples, a pencil sharpener, sharpener blades, and three jumbo binder rings stored in his rectum.

"He became known as 'OD,' for

'Office Depot," Roach reports.

In California prison, there's also the harrowing moment in which Roach discovers the nature of her prisoner interviewee's crime just moments before meeting with him: he is a murderer.

"I glance down at my list of questions, which includes 'Might hooping be a form of what the Journal of Homosexuality calls 'masked anal manipulation'?" Roach writes, and her readers' hearts begin to pound alongside hers.

As with most of Roach's interview subjects, though, her prisoner turns out to be a lovely gentleman who is remorseful of a murder he committed decades ago. He's also surprisingly adept at explaining the physics of rectal smuggling, a feat that has even Roach wincing.

even Roach wincing.

Much of the charm of "Gulp" is its author's eternal curiosity and her fearlessness in the pursuit of knowledge. She will truly ask anything, and for that she is often rewarded with peace of mind. For example, when flatulence-expert gastroenterologists Michael Levitt and Julie Furne inform her that hydrogen sulfide, found in gas, is fatal in confined spaces, Roach is up-front about her concern.

"When it's cold, I tell Furne, I sometimes sleep with my head under the covers," Roach writes. "Winter is brusselssprout season, and they're Ed's [Roach's husband's] favorite side dish."

Furne assures Roach that the air inside her comforter makes her flatulent husband's emissions harmless. Roach is relieved, though we aren't sure what Ed's opinion about the matter is.

With Roach as our expert rower, our gondola ride along the alimentary canal is scenic but rarely graphic, and it's always entertaining—she proves to be a cheery, personable tour guide. And the (figurative) cherry on top: perhaps her curiosity about bolus formation was cultivated in a Wesleyan dining hall.

Do you have social life concerns?

ARGUS ADVICE COLUM

Do you have social life concerns? Worries about classes? Existential crises you need help with? The following is the third installment of The Argus' new advice column, featuring real questions dropped into our advice box at Usdan by anonymous students. At several points throughout the semester, our writers will answer your questions to the best of their abilities.

Just a quick note on the goal of this column and our suggestion box: Our aim is to answer ethical and moral questions, not to offer our opinions on controversial issues on or off campus, or to express opinions for The Argus. Keep the phallic illustrations coming, though; we love that. So, now that the administrative stuff is out of the way, we'll move on to what really matters: all of your pressing questions.

What's the best way to get to know someone after you've already hooked up a couple times? NOT a coffee date.

—Confused and Maybe Wanting More

Dear Confused and Maybe Wanting

What's your problem with coffee? It's a proven psychological fact that someone you get coffee with is associated with warmth and love and tastiness. Either way, if you don't like coffee, or don't like clichés, or don't like being in public, there are plenty of other ways to get to know people. Text them. Just talk to them. If you guys have hooked up a few times and that's the M.O. of things, then you should at least try interacting with that person during the daylight hours. You're probably really great, and having a conversation will only make the other person like you more. Ask if ze is down for a study break or if ze is interested in study-

Our personal favorite tactic for starting conversation if you're

nervous is asking a lot of really ridiculous questions, or talking really animatedly about something you're super psyched about. For Nick, this may be co-directing Shrek the Musical or the urgent question of which food you would choose if you could have only chocolate or cheese for the rest of your life. The only way to get to know someone is by seeing how ze responds to you. If things go well, then keep asking questions and see what happens. Maybe asking people on dates is taboo these days or something we're afraid of, so stick to what you feel comfortable with. Whether it's texting or just making casual conversation, do what allows you to show your best self. If you show the person what you love, that person will respond well; people enjoy seeing what other people love.

What do I do if I have a girlfriend, want to stay with her, but also want to tame some strange?

—Horny and Locked Down

Dear Horny and Locked Down,

There is all sorts of forbidden fruit out there, and it always seems like the tastiest. If you are impulsive and go to pick said fruit, you're going to end up hurting everyone involved. Cheating is extraordinarily hurtful and easily avoided. If you're having these feelings, communication is the remedy. You probably really do care about your girlfriend and don't want to tell her, but getting these feelings out in the open will probably make you feel a lot better and save a lot of hurt later. Who knows how it will go, but it is the far better road than the usual cheat, get caught, regret it, hurt everyone involved route.

A lot of the time, we have this weird attainment complex of wanting what we can't have, and the single life often is the focus of that complex during a relationship. We create a "highlight reel" in our minds that just shows all of the good parts of "taming some strange": the courtship, the amazing sex, and the thrill of keeping it all a secret afterwards. This is not guaranteed to happen at all. There's the eventual guilt, the coming clean, and the hurt feelings that we never put in our imaginary highlight reel. Tame the urges, and talk to your girlfriend about how you feel. Everyone will be better off for it.

How I Met My Major

By Gabe Rosenberg Assistant Features Editor

Kids, this is the story of how I met my major. It wasn't easy. I wasn't one of those guys who walked into college knowing exactly what I wanted with my life. It took some time to figure out. Three semesters, actually.

Sure, you've heard the short version of how I earned my Bachelor's degree. But this is the long version. Once upon a time, before I was a "dad" or even a "graduate," I had this whole other life. It was way back in 2012. I was a freshman at Wesleyan University.

I was living in the Butterfields with my first roommate, excited about exploring the full breadth of the liberal arts experience, but then course registration screwed the whole thing up.

Some of my friends already knew where they were headed in life. My roommate that first year had it all planned out: he met his major the second week of school, when he realized how much he loved his FGSS and Economics cross-listed class. I just had no idea. Normally, people tell you to just take what classes might help you with your career, but liberal arts is so go-with-the-flow. Barely anyone has a career path laid out, they tell you. But all the students you meet have something in mind. I swear, everyone I met seemed to be just flaunting their perfect internships and perfect theses and perfect lives.

When it came time for me to apply for an advisor, I just listed all of my interests, everything from anthropology to psychology to, well, anything with –ology at the end. They gave me someone from the English department. Go figure. She told me to get my GenEds out of the way and go from there, but I'm not really into one-semester stands. I was looking for some meaning, and I just couldn't find it in "The

Universe."

But I figured that four months wasn't too much of a commitment, even if I wasn't totally devoted to the classes I was taking. I tried out a humanities class, but there's only so much poetry you can read before it stops being romantic. Not to mention that the conversations got so convoluted, I wasn't even sure we were still speaking the same language. SBS didn't work for me, either. It was too political, and the patriarchy just bums me out. Oh, and there was a brief fling with "Intro to Programming," but that didn't last long at all. After the first problem set, BDNSM just hurts too much.

There I was, nearing the end of my first semester, and I still had no idea what type of major I was after. I felt like I couldn't just keep taking intros and survey courses, and my advisor was beginning to get nervous. "You never call, you never email," she said. "When will you finally just settle for a nice Jewish and Israeli Studies certificate and write me a thesis?"

So we made an appointment to sit down one afternoon with WesMaps. And that's where I found her.

I didn't know her last name at the time, but her first name was "Temporality." And it was the most beautiful thing I ever heard. She was interdisciplinary, and that was new and exciting. I ranked her at number one and left the rest to fate.

But fate is a cruel mistress. My course registration results came back a week later, and she was nowhere around. I was devastated. I had seen my future with her. After her, how could I settle with "International Politics" and "Intro to Experimental Music"? Everything else just felt so shallow. And I was only given one day of adjustment before the school threw me back into the field. What I wanted was a period of mourning, but you can't cry over filled classes.

I got myself together. I tried to make the best of Drop/Add. I sat in class after class

to see if it was right for me, but how do you figure out if a subject is the one after only an hour and a half? Let me tell you, kids, it's an impossible task.

I reached a new low. After a week of shifting my schedule around, considering a reduced course load, and flirting with pass/ fail, I found myself sitting at my desk, alone, on a Friday night. My friends were all happy with their four selections. My roommate had even added a fifth on top of it all, just so he could fulfill his requirements sooner. And there I was, refreshing WesMaps every other minute. I don't know what I expected: the perfect class to be created out of thin air? I almost accepted that I might spend another semester with no focus, no passion, no true academic love.

Out of sheer despair, I clicked on "Temporality" one last time. That's when I saw it: an open spot.

I couldn't believe it at first, but I gathered myself together and clicked "add." I emailed my advisor. I emailed the professor. I went to the very next class. And I fell in love all over again.

Over the next two semesters, all I knew is that I wanted to spend the rest of my college life with "Temporality." I devoted myself to every class in which she appeared. My friends all found her fascinating. Even my advisor approved.

The spring of my sophomore year, I finally declared. I would build my academics around her in the way nobody had ever done before. I proposed to be a University Major.

The next two years were a whirlwind. I shaped my major without even caring about how I would use it after graduation. I wrote my thesis and submitted it for honors. I even taught a student forum. We were so happy together, "Temporality" and I. We still are.

And that, kids, is how I met my ma-

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SPORTS

Cross Country Ends Season at New England Championship

By Daniel Kim Staff Writer

The Wesleyan cross country team completed its fall season on Saturday, Nov. 16 at the New England Division III Championship hosted by the University of Southern Maine. The Wesleyan men finished 13th out of 50 teams with 371 points; the women came in 20th place out of 53 teams with 638 points.

Upon reflection, some runners were unsatisfied with what were decent, albeit unspectacular, results.

We wanted to be tenth, and hoped that eighth was possible," said Reid Hawkins '17. "But that would have needed everyone on top of their game."

Despite strong individual efforts, the running was rough and the competition

"My goal [for this last race] was to go out fast and try to hang on to a lead," said Libby Lazare '14. "But that didn't really happen; it was real tough later on, and there were some fast runners."

Overall, however, Lazare was optimistic about her teammates' performanc-

"As a team, we did well," Lazare said. "Everyone was pretty pleased; it was our best race so far. And because we're such a young team, [the race] was great experience for the first-years."

On the men's side, the team executed its strategy accurately, but not as effectively as it had hoped.

'If you look at [the finishing times of] our top five [scorers], they were a pretty tight pack," Hawkins said. "It's good to have a tight pack, [and] good to have more people up front too."

Though they stuck together as planned, the men wanted their pack to be farther up in the race than it was when they crossed the finish line.

'We did what we were planning on doing," said Keith Conway '16. "Most of us just couldn't move to where we wanted

With 371 total competitors running a six-kilometer course, the Wes women's top five were Lazare, Caroline Elmendorf '17, Christine Hebner '17, Molly Schassberger '17, and Rachel Unger '15. Lazare was consistently Wesleyan's top female scorer in all five meets of the season, making no exception of the Regional Div. III Championship by placing 64th overall with a time of 22:51.83.

The men's scoring five were Conway, Hawkins, Eric Arsenault '17, Evan Bieder '15, and Taylor Titcomb '16, with 366 total competitors in the eight kilometer race. Titcomb, who finished first of the Cardinal men in 52nd place overall with a 25:57.7 time, was Wesleyan's top male scorer for the fourth time out of the sea-

Asked to reflect on his season, Conway expressed reserved optimism.

"This year, I ran a lot better than [I did] last year [as a freshman]," Conway said. "I had some good races this season; it wasn't as great as I was hoping for, but, with a team that's so young, it was a good season of training [and] transition. Just not a great result [or] season."

Hawkins echoed this sentiment by describing what he felt to be a slightly disappointing downward trend toward the end of the season.

We ran as [well as] we wanted or hoped to until the Little Three [Meet]," Hawkins said. "Then we started to not really meet expectations."

Though the Cards ran hard at their penultimate meet competing in the NESCAC Cross Country Championship hosted by Conn College on Saturday, Nov. 2, Wesleyan did not close the season the way it had hoped. Both Cardinal teams finished 10th in their respective races, with the men scoring 258 points and the women scoring 289 points.

"I would have liked a better season, based on how good we could have been,' Hawkins said. "[The results of this season] make us that much more dedicated to spring training though."

But not everyone has the opportunity of another season to fight the good fight. Lazare, the only senior on either Wesleyan cross country team, will gradu-

"[The end of the cross country season] is a weird feeling," Lazare said. "There are a lot of mixed feelings. But I mean obviously I'm not done running. I have indoor and outdoor [track] to look forward to, and I'll run after college regularly."

And even though she did not place as high as she wanted to in her final race, Lazare can reflect contently on a great

'This was definitely the best season I've had," Lazare said. "Looking back on it all, I can be happy with how I did."

More important to Lazare than the results were the personal connections that developed over the seasons.

"The team is amazing," Lazare reflected. "It was incredible being able to form such amazing friendships with people that will last so much longer than our time running together."

Splits Series By Michael Sheldon differential 36-22. Staff Writer The women's ice hockey team

Women's Hockey

opened its season by splitting a pair of away games this past weekend. Both games pitted the Cardinals against Little Three rival Williams.

The first game of the weekend was hosted by Williams on Friday, Nov. 15. The Cardinals knew they were in for a tough matchup, playing a talented NESCAC opponent in a hostile environment. However, they also knew the games were winnable: despite recent struggles, the Cardinals have defeated the Ephs at least once in each of the past three seasons.

The game was tight from the beginning, and with 1:38 left to play in the third and final period, the score remained tied at 2-2. However, forward Jessica Brennan '17 seized an opportunity on a power play to score her first career goal, giving Wesleyan a 3-2 lead. Captain Cara Jankowski '15 certainly appreciated the effort.

"Jess had a great weekend, including an amazing penalty shot goal that is highlight reel material," Jankowski wrote in an email to the Argus. "She really stepped it up and played well and I look forward to seeing what else she accomplishes this season."

In desperation, Williams pulled its goalkeeper in favor of an extra player out on the ice, looking to tie the game in the short time remaining. However, Captain Glenn Hartman-Mattson '14 was able to slide the puck into Williams' empty net to boost the Cardinals' lead to 4-2.

The Ephs responded with a goal in the game's last second, but were unable to equalize. Wesleyan finished the game with a 4-3 victory.

Laura Corcoran '16 had a big day in goal. Her 33 saves were a large part of the reason why the Cardinals were

able to win despite losing the shots on goal

Jankowski noted the importance of starting off the season on the right skate.

'No doubt the win on Friday was a great way to start the season and prove that we can execute what we need to as a team," Jankowski said. "It was definitely a big boost of confidence."

Unfortunately the Cardinals were unable to secure a win in the second game, which was played last Saturday and was also hosted by Williams. Wesleyan squandered a strong start, collapsing late in the game and taking a loss.

Wesleyan had a 2-0 lead in the early parts of the third period on the strength of a penalty shot goal by Brennan in the second period and a third period goal by Abigail Rutt '17. Rutt's goal was assisted by Jankowski and Brennan. However, after Rutt's goal, Wesleyan's offense stalled and the Ephs were able to score, cutting down the Cardinal lead to 2-1. Captain Sydney Morgan '14 identified that Williams goal as a turning point.

"In Saturday's game, the third period proved to be our breaking point," Morgan wrote in an email to the Argus. "After the first [Williams] goal went in, Williams gained the momentum and we weren't able to swing it back in our favor."

The Cardinals certainly weren't able to regain that momentum, and the defense crumbled under constant pressure from the Williams front line. Before the third period ended, Williams scored six goals. The Cardinals took a humbling 6-2 defeat.

The Cardinals hope to improve on their effort next weekend against Amherst, who will take on the Cardinals at Wesleyan's home opener. The Cardinals expect a challenge, but are not yet inclined to count themselves out.

We need to be sharper and more refined than we were this weekend," Morgan wrote. "This week we are definitely turning it up a notch to really get the team ready for the tough, but winnable games ahead.'

Squash Squishes Camels in O

By Felipe DaCosta Assistant Sports Editor

It's already a well-known fact that camels cannot hold squash rackets, but the men's and women's squash teams proved that hypothesis further with decisive victories over the Conn College Camels on Saturday, Nov. 16. The intrastate matchup with our foes from New London was the inaugural contest for the 2013-14 season, and both sides won in dominating fashion: 7-2 for the men and 9-0 for the women. Dominating a NESCAC opponent is the perfect way to kick off a season in any sport, but for Coach Shonna Kerr's squads, this was a showcase of the highly touted depth and discipline of these Cardinals.

Led by Captain Mary Foster '14 at the top spot, the Redbirds held the Camels to goose eggs on Saturday, as every matchup ended in decisive 3-0 victories. Wesleyan's starting lineup was loaded with letter-winners, as seven of the nine who took the court for the Birds were returning upperclassmen. The veterans' presence was felt by the overpowered Camel competitors, none of whom were able to score more than seven points in any of their 27 games.

Returning second-year player Bridget Doherty '16 quashed any indications of a sophomore slump with an emphatic victory in her match at the nine spot. Doherty handily defeated her Conn College counterpart, only allowing her to score three points on the entire match.

For Foster, hammering the Camels so effortlessly was a welcomed early-season surprise as well as an indication of greater things to come.

"I was impressed by the amount of focus and intensity from every single player on our team," Foster said. "Even though many of the matches were not

close, every one of our players kept their level of play consistent. My match was similar to many others on the team. I had to be patient and stay focused, which allowed me to remain in the point long enough for my opponent to make a mistake. As a team we were seeded higher than Conn, but I was not expecting such a decisive win." The women will resume play this

weekend in the Boston Round Robin Invitational at MIT, competing against Wellesley College and Northeastern University. Foster envisions positive results again on the road if the squad can replicate the same hustle it displayed against Conn.

"This weekend we play in Boston against two other teams, and if we bring the intensity from this weekend, I expect us to come out on top," she said.

Although the men's squad had a bit more difficulty disposing of the Camels, the Birds pulled out three 3-2 matches. According to Captain Ethan Moritz '14, the team's mental edge helped them pull

"Most of the matches went back and forth, and while most of the wins were pretty ugly, it was important that we could pull it out even while we weren't at our best," Moritz said. "Since it was the first match of the season, and it was the first match for some of the guys on the team, [such as] Grant Lounsbury, a freshman, and Johnny '100' Bebbington ['16], who only played one match last year due to injury, it was important that we established focus in our first match and went out playing as well as we could. Though our play wasn't perfect on the day, everyone was focused throughout the match, and the wins across the board came from strong mental focus and preparation."

Captain John Steele '14 and Moritz were among those able to persevere during those close battles, as well as veteran Dan "The RA" Sneed '15 at the five

Returning for his second season holding down the number two spot, Guy Davidson '16 was particularly brilliant in his battle, blanking his opponent 3-0. After leading the team in individual wins with a 17-5 record last year, Davidson will look to climb up the College Squash Association (CSA) rankings. Captain Zander Nassikas '14 has nothing but praise for his teammate as he continues to emerge as a top-flight player for this club.

"I want to draw attention to Guy Davidson," Nassikas said. "He won in three straight, relatively easy games. Although he did say that he never got a rhythm going, never felt flowing, he still won in three games. Was there anybody else who won in three? He is a rock for us at number two."

The Cardinals will need to harness their individual grit to turn out a team victory this weekend, with matches against Boston College, MIT and the U.S. Naval Academy. On Saturday, Nov. 23, the team will venture up to Boston as well for the MIT-hosted tournament and then return to Middletown for its home opener: a massive battle against the formidable Naval Academy. This entire week will be focused squarely on preparation for the Sunday, Nov. 24 battle between ranked foes, according to Nassikas. In fact, this match has been on the minds of these Cardinals for some

"It is my senior year," Nassikas said. "It's John and Ethan's senior year. I have played for thirteen years now and want badly a victory against Navy. It's funny how all those years of training, focus, summer camps, early mornings, can come down to one or two clutch points. That's what sports are all about, right?"

Wrestlers Fifth at RW

By Tobias Thor Lichtenstein Contributing Writer

At the Roger Williams Invitational last weekend, the wrestling team finished fifth of 12 teams, accruing 79.5 points on the day. As many aspects as there were in the tournament that the Cardinal wrestlers hoped had gone differently, Chris Siracusa '16 saw his team's effort in a positive light.

"It was a great learning exper ence for everyone," Siracusa said. "Right now, we're just looking forward to moving along in the season and winning more matches this year."

The Cardinals were able to stay competitive despite losing multiple wrestlers, such as heavyweight John San Filippo '16 and 125-pounder Frank Crippen '17, to injuries. Each of the teams that finished ahead of Wesleyan were ranked in the top-20 nationally, with Messiah coming in at fifth in the country, Johnson & Wales at 13th, Cortland at number three, and Roger Williams at 18th. The top-five finish was possible largely because of the efforts of five Cardinal grapplers that placed in the top six, including Siracusa, who was the runner-up at the 149-pound weight class in a 27-man bracket, going 4-1 including a pin and a major

"[Siracusa's] results are a direct reflection of his process," said Head Coach Drew Black. "He trains hard, does the extra, and is very tough as well as coachable. You'll be hearing a lot

Joining Siracusa in the top six were Captain Ryan Sblendorio '15 at 174 pounds and Josh Roometua '16 at 197 pounds, who both placed fifth in their respective weight classes.

"Ryan had a great 5-3 win over the number-one seed Lou Puca of Cortland, who is also the second-ranked wrestler in the nation," Black said. "He's not too far from being a top guy in the country." Matthew Pelton '17 and Edward

Pierce '17 were also able to battle through their first collegiate tournament to place fifth and sixth at 141 pounds.

"Obviously I came into the day believing I could compete, but placing fifth in my first tournament exceeded most of my expectations," Pelton said. "It was a great feeling."

Regardless of some setbacks at Roger Williams, Black's squad remains

'We came away a little banged up from this first competition, but we will get our guys healthy," Black said. "There is a learning curve [with this young team] that will happen in terms of technique and intensity, but these guys will adapt, make adjustments, and will be a different team as we move through the

With the first tournament under their belt, the Cardinal wrestlers look ahead to the Doug Parker Invitational at Springfield College on Saturday, Nov. 23 in order to keep their momentum going in what has been a strong start to their young season.

SPORTS

Men's Basketball Finishes Second in Herb Kenny Finals



SADICHCHHA ADHIKARI/STAFF PHOTOGRAPHER

Rashid Epps '16 is leading men's basketball with 14.5 points and 12.5 rebounds per game.

By Asher Young Staff Writer

The men's basketball team opened its season this past weekend by finishing as the runner-up in the Second Annual Herb Kenny Tip-Off Tournament at Silloway Gymnasium. On Friday, Nov. 15, the Cardinals bested the U.S. Coast Guard Academy 58-48, then fell to Dickinson College 79-63 in the tournament's championship game the next day. Rashid Epps '16 and Harry Rafferty '17 led Wesleyan over the weekend, as both players earned all-tournament honors. Epps finished with 15 points and an impressive 17 rebounds in Friday's win over Coast Guard, while Rafferty was also effective off of the bench in the win, scoring eight points.

The Cardinals started off strong on Friday, jumping out to a quick 15-6 lead before pulling away from the Bears with a barrage of three pointers in the first half. The Cards managed to score 12 points in a row on four consecutive treys to get out to a 27-13 lead with 8:33 remaining in the first half; the 14-point lead was Wesleyan's largest of the day.

However, Coast Guard hung tough and cut the lead to as little as three points with just 3:20 left in the game. After the Bears missed a potential game tying three-pointer with 3:00 to play, Rafferty hit a shot from beyond the arc to pad Wesleyan's lead. After another jumper from Rafferty to put the team up 54-48, the Cardinals were able to close out the

"I thought Harry Rafferty, in only his second college game, played at a really high level," said Head Coach Joe Reilly. "I thought that he showed some really good things. I think that all of our freshmen are going to be really good, and he was the one who had the best chance with the most minutes, so he took advantage of it."

On Saturday, Wesleyan squared off against Dickinson College for the championship. Dickinson entered the game as one of Division III's top teams, receiving two top-25 votes in preseason polling. The Red Devils proved why, as their offensive attack ended up being too much for the

The game was fairly even through the first half, as both teams held leads and were tied four different times. After being tied at 22-22 with 4:39 left in the first half, Dickinson began to pull away, entering halftime with a six-point lead.

The Red Devils came out hot in the second half, as tournament MVP Steve Collins went on a tear, scoring 13 straight points to put his team out to a 46-35 lead fewer than four minutes into the half. Rafferty countered well for the Cardinals, scoring a team-high 21 points in just 19 minutes off the bench. Epps also added 14 points and a team-high eight boards, but the Cardinals could not come within eight points the rest of the way.

We held our own for the majority of the game," said forward PJ Reed '17, who added two points, two rebounds, and a block in Saturday's contest. "They went on a huge run, but it just goes to show

that we can compete with the top teams in the country.'

Reilly was not pleased with the results of the tournement. "We're disappointed we didn't win the tournament," Reilly said. "We give a lot of credit to Dickinson; they're a very high level team. They're ranked up there for a reason, but it was great to be challenged. I think it's better to learn some of the lessons that we learned now than to play a team that's not as good."

Other strong performances on the weekend came from Chris Tugman '15 and BJ Davis '16, who each scored nine points in Friday's game. Tugman was strong on the boards all weekend, as he pulled down nine rebounds against Coast Guard and five against Dickinson.

Next Thursday, Wesleyan will play its first road opponent at Emmanuel College, currently 0-2 on the year. Last season, Wesleyan beat the Saints easily by a score of 88-61. Coach Reilly said that he was looking to create more of an offensive presence on Thursday after a defense-heavy weekend.

We didn't score as many points as we wanted to [this past weekend]," Reilly said. "I think we want to play faster on the offensive end and fastbreak more. It's hard to win on the road against anybody, so it'll be good to have our first road test. We're going to have to play great to get the win."

Swimmers Beat Owls

By Brett Keating Sports Editor

The men's and women's swim and dive teams both defeated the Brandeis Judges last weekend. The former was competed in a tightly contested meet, while the latter pulled off a lopsided

The men edged out their counterparts from Brandeis 135-102. Highlights of the bout were first place finishes from the Wesleyan 200-yard medley and 200 free relay teams, two individual wins from Erik Yan '15, and sweeping the top three in the 200 breaststroke.

Wesleyan kicked off the afternoon with the 200 medley relay, finishing 0.8 seconds in front of the Judges. Strong splits from flyer Yan and breaststroker Jacques Bazile '16 powered the Cards to the close victory.

The middle-distance 200 free race saw the Cards claim three of the top four spots. James Gaston '15, swimming in his first race after transferring to Wesleyan, put up a 1:49.8 time to grab the second spot behind Brandeis's top swimmer, Brian Luk. Russell Madison '14 and Andrew Gartley '17 wrapped up the top four in the race, also earning

Billy Hepner '16 built off a strong preseason in his first meet of the season, grabbing the top spot in the 100 breast sprint, coming in just over 1:03, a second ahead of fellow Cardinal Bazile, the second-place finisher.

Hepner, though, was beaten by newcomer Spencer Daus-Haberle '17 in the 200-yard breaststroke race. Daus-Haberle, who finished 0.7 seconds ahead of Hepner in that race, came on strong in the last two laps, finally catching his sophomore counterpart in the last length of the race.

Zachary Carfi '17 rounded out the top three in that race, highlighting the strength Wesleyan has found in its young trio of breaststrokers. This will no doubt be an interesting event to follow as the season develops, as the three young men push each other through the

Yan swam the 100- and 200-yard fly events, winning by 16 seconds in the longer race to make his still-comfortable two-second margin in the 100 seem like

On the subject of nail-biters, we come to the women's race, in which the Cardinals took 217 of 252 possible points. Wesleyan took the top spot in 15 of their 16 events, and the top two spots in 1 Felipe DaCosta 2 of those 15.

Underclassmen once again dominated the meet, with Serena Zalkowitz '17 winning both of her individual events and her team winning both relays in which she participated. Zalkowitz won the two freestyle sprints, had the best split in the freestyle relay, and anchored the medley relay that finished first of the three Wesleyan teams that competed in the event.

"We brought in a very strong freshman class this year," said Angela Slevin '15. "Besides obvious talent, they bring energy to the team and we're very excited to see how they do this year as we enter our NESCAC schedule.'

Liyan Yao '16 won two of her three individual events, beating Liz Baumgartner '15 by just .3 seconds in the 100 backstroke and pacing the 200 medley at 2:23.2.

"It was very exciting, a lot of these underclassmen winning in their first official collegiate races," Slevin said.

Old faithfuls Roxy Capron '14 and Slevin both won their two individual events and were parts of the medley and relay squads that were victorious. Capron handily finished on top of both the 100 and 200 breaststroke, and Slevin did the same in the 200 back and 200 free, the former of which she finished 15 seconds ahead of her next closest com-

Natasha Cucullo '15 contributed in her first meet since transferring to Wes, grabbing the top spot in both the one- and three-meter dives.

The Cards will head to Bates this weekend for their first NESCAC meet of the season, where Trinity will also compete. The one-meter diving event will take place Friday, Nov. 22, and the rest of the meet will take place the next day.

On the women's side, Trinity was the worst team at NESCACs last year, and Bates finished fifth in the conference, 100 points ahead of the Cardinals, who were eighth. Trinity was also last in men's NESCACs last year, while Bates was seventh, almost 200 points ahead of tenth-place Wesleyan.

Two Wins For Women's Hoops

By Felipe DaCosta Assistant Sports Editor

The Wesleyan women's basketball team picked up a pair of victories to kick off the season at Williams as part of the Williams Classic Tournament this weekend. First, the Cards stole one from SUNY Plattsburgh, 56-49, after falling behind by nine at the half. The next day, the squad mirrored their previous performance, surmounting a nine-point deficit yet again to level Babson College, 65-53.

After twenty minutes of basketball, the Cardinals found themselves falling behind 24-15 against a deceptively competitive Plattsburgh squad. Following the break, the Birds ran away with a 15-6 run midway through the second half to take the lead 44-42. Forward Cherkira Lashley '15 splashed onto the scene with her first collegiate double-double, posting 14 points and 11 rebounds. Lashley lead the team in both categories as well as notching a cool 50 percent shooting effort elevating the overall team's 26.5 percent just a bit.

To complement Lashley's remarkable effort, Kaylie Williams '16 provided a jolt from the bench, dropping 13 points and grabbing nine rebounds on the conCardinals ahead of their opponents in half as Rooney's clutch sharpshooting that column by a margin of ten, a major spurred the Cardinals' surge. Klaes enabling factor in the Cardinals' impressive come-from-behind victory.

The Cardinals played a notably better half to conclude the contest, shooting 12-for-40 from the field after the half compared to just 6-for-28 in the first. To close out Plattsburgh, the Cardinals called upon clutch Dreisen Heath '15 to sink a field goal as well as six free throws in the final 35 seconds of the game.

Playing at the Massachusetts College of Liberal Arts on Sunday, the Cardinals found themselves in a similar spot against Babson. Falling behind early on to the Beavers, the Cardinals did not delay the comeback effort this time around as they managed to pull within two entering halftime. The Birds outpaced their opponents in the concluding 20 minutes of play, posting 42 points on 37.5 percent shooting compared to Babson's 28. All three Cardinal captains posted double figures as Jenna Klaes '14 and KellyAnn Rooney '14 led the way with 15 points apiece. Rooney put forth a commanding effort, inspiring the comeback effort with her team-leading 45 percent shooting mark from the field. Two of those shots came

test. The rebounding pair propelled the from three-point range in the second started to heat up down the stretch, nailing all five of her free throws along with a clutch three ball in the waning minutes of play.

> Meanwhile, Captain Jess Cherenza '15 posted 10 points along with nine boards. Lashley was again a presence in the paint for the Cards, pulling down 10 rebounds, 6 of them offensive, to anchor the winning effort. Rebounding played a significant factor in the Cardinals' winning effort as the Cardinals ended the match with a sizable 48-35 margin over their

> The Cardinals will play one more game on the road against Western New England this Tuesday before returning to Silloway for the Courtyard by Marriott Tournament. The home side will defend their court against teams from UMass Boston and Albertus Magnus College. To impress their home crowds on Friday and Sunday, the Birds will need to bring home some of that comeback magic they conjured up in western Massachusetts.

Hockey: Cardinals Earn Two 'Cac Wins

Continued from front page

the 5-4 victory.

weekend with Dawson Sprigings '17 providing a big impact in a 5-2 triumph over Conn College.

"Honestly, I was just trying to have fun and enjoy the moment," Sprigings said. "I felt confident in my abilities and knew that our team was ready to go after a big last second win the night before."

Sprigings started his first game in net for the Redbirds and played magnificently, only allowing two goals and stopping 36 shots.

"I came into the game knowing what I needed to do personally in order to be successful," Sprigings said. "I got off to a solid start and was able to keep building from there. Staying focused and taking the game one step at a time was a big part of that."

Two first-years teamed up for a score when Nick Malone '17 assisted on a goal by James Kline '17 in the second period. Kline's first goal of his young career proved to be the game winner against Conn. Cole Morrissette '17 added an assist on one of Vorel's two goals. Vorel's final goal of the game came on an empty

"Our staff was confident that our freshmen were going to be good," Potter said. "I think anyone would be surprised The Cardinals finished up their if a player produced like [Vorel] did in his first two college games. I thought the other freshman also did a great job in their first games. We asked Cole Morrissette to play defenseman Friday and forward on Saturday. I think they were asked to do more than I had originally planned, but when you lose a player in the first period of both games, you don't have much of a choice but to throw them in the fire."

Wesleyan will have to travel twice next weekend, once to Hamilton and then again to Amherst. Hamilton will probably be the easier of the two opponents, but then it will be a tough turnaround when the currently undefeated Cardinals face off against the 2-0 Lord Jeffs the next day. In order to keep their success, the Redbirds will have to continue scoring on the power play, something they did three times this past weekend.

"I hope that we can keep this momentum rolling into next weekend," Sprigings said. "We play two tough opponents in Hamilton and Amherst, but I know we have the depth and skill to play with anyone in this league. I expect us to come back home on Sunday with another four points."